



# **Philadelphia Gender Affirming Resource Guide**

**2022 EDITION**



Dear Community Members,

We are pleased to bring you the 2022 Philadelphia Gender Affirming Resource Guide (Formerly the Philadelphia Trans Resource Guide). We strive to provide information on trans-friendly and gender affirming care and related resources throughout the Philadelphia region for our patients, clients and the entire community. We hope that this collection of resources will be useful for you on your journey.

We welcome feedback on this guide and hope that as you come across providers who are friendly and accessible that you will share that information with us so we can add it to this community guide. This is a dynamic document that will be continuously amended. Please share new information and your feedback so that we may update as needed.

We look forward to continuing to serve our community, especially through the unprecedented time of the pandemic. As COVID-19 requirements change continuously, we recommend you check resources for the latest information.

We acknowledge the importance of connection and community now more than ever. You're invited to get in touch, we are here for you!



Visit us: 1348 Bainbridge Street, Philadelphia, PA 19147

Call us: 215-563-0658

Visit our website: [www.mazzonicenter.org](http://www.mazzonicenter.org)



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## Mazzoni Center

The LGBTQ+ healthcare landscape has changed since we were founded as Lavender Health, an all-volunteer resource, in 1979. But our commitment to providing compassionate, competent LGBTQ-focused health and wellbeing services has remained the same.

Today, Mazzoni Center provides comprehensive health and wellness services in an LGBTQ-focused environment, while preserving the dignity and improving the quality of life of the individuals we serve.

### **Bainbridge**

1348 Bainbridge Street  
Philadelphia, PA 19147  
**Phone:** 215-563-0652

### **Washington West (Sexual Health Services)**

1201 Locust Street  
Philadelphia, PA 19107  
**Phone:** 215-985-9206

**Website:** [www.mazzonicenter.org](http://www.mazzonicenter.org)

### **BEHAVIORAL HEALTH SERVICES**

Therapy, Psychiatry, Recovery Services, Groups  
Virtual and in-office sessions

**Insurance:** Medicaid, Medicare, commercial insurance, sliding scale

1348 Bainbridge Street  
Philadelphia, PA 19147

**Phone:** 215-563-0652 ext. 248 for intake

**Website:** [www.mazzonicenter.org/supportive-services/therapy-and-recovery](http://www.mazzonicenter.org/supportive-services/therapy-and-recovery) \_



### **EVOLUTIONS SUPPORT GROUP**

A free drop-in group for anyone identifying along the transgender spectrum (or questioning their gender identity), offering support and psychoeducation surrounding issues of gender, such as gender identity, gender presentation, and coming out to friends and family. This group provides a positive and supportive environment for people to explore their own evolution, as well as offer their support to others. *Must be over 18.* **:NOTE:** Due to COVID, group is presently meeting online .Thursdays at 5:00pm

**Contact:** Kai Thigpen [kthigpen@mazzonicenter.org](mailto:kthigpen@mazzonicenter.org)

**Website:** [www.mazzonicenter.org/events/evolutions-18](http://www.mazzonicenter.org/events/evolutions-18)

### **HEALTH CENTER**

Preventive care and routine physicals for all ages, including pediatrics; chest and cervical health care; sexual health services; management of chronic health problems; HIV care; PrEP and PEP; Hepatitis C treatment; behavioral health consultation; and, Gender Affirming Services, including hormone therapy **Adolescent Drop-In:** Wednesdays from 5:00-7:00pm for youth ages 14-24  
**Insurance:** Medicaid and Commercial Insurance. Sliding scale available Prescribes hormones using an informed consent model.

1348 Bainbridge St, 2<sup>nd</sup> floor

Philadelphia, PA 19147

**Phone:** 215-563-0658

**Website:** [www.mazzonicenter.org/health-care/primary-care-services](http://www.mazzonicenter.org/health-care/primary-care-services)

### **LASER HAIR REMOVAL SERVICES**

Mazzoni Center is offering laser hair removal. You do not have to be a Mazzoni Center patient to access this service and initial consultations are free. PA Medicaid accepted. Fee-for-service rate of \$100 per 30-minute session. For more information, speak with front desk staff and schedule an appointment for a consultation.

**Phone:** 215-563-0658

### **LEGAL SERVICES**

Legal assistance for PA's LGBTQ+ community. Some areas of practice include: name changes, hate crimes, family rights, and workplace rights.

1348 Bainbridge St.

Philadelphia, PA 19147

**Phone:** 215.563.0657

**Email:** [legalservices@mazzonicenter.org](mailto:legalservices@mazzonicenter.org)

**Website:** [www.mazzonicenter.org/programs/legal-services](http://www.mazzonicenter.org/programs/legal-services)



### **MAZZONI CENTER WASHINGTON WEST**

Sexual health services. For current hours and additional information visit our website.

1201 Locust Street

Philadelphia, PA 19107

**Phone:** 215-985-9206

**Website:** [www.mazzonicenter.org/testing-and-prevention/hiv-and-sti-testing](http://www.mazzonicenter.org/testing-and-prevention/hiv-and-sti-testing)

### **OUR WAY**

Born out of an HIV testing initiative in 2017, OUR (On-hand Unique Resources) Way quickly morphed into a weekly drop-in program intended to “meet trans individuals where they are” and helping trans individuals get the services, resources, and support they need. Hygiene Kits are available upon request.

**Website:** [www.mazzonicenter.org/gender-affirming-care/our-way](http://www.mazzonicenter.org/gender-affirming-care/our-way)

### **PEDIATRIC & ADOLESCENT COMPREHENSIVE TRANSGENDER SERVICES (PACTS)**

Our PACTS team is comprised of highly skilled interdisciplinary team with years of experience serving trans and gender expansive youth and families. Mazzoni Center uses an informed consent model, assessing current knowledge and educating the family about treatment options and other medical issues surrounding the social and medical transition process. The PACTS Team works together to form a comprehensive and individual treatment plan for each patient and family. In addition, PACTS offers quarterly social events and/or educational workshops for youth and their loved ones. PACTS participants have found these added supports to be an extremely valuable aspect of the program.

**Contact:** Lucy Gleysteen, Behavioral Health Consultant [lgleysteen@mazzonicenter.org](mailto:lgleysteen@mazzonicenter.org)

**Phone:** 215.563.0658 x 238

**Website:** [www.mazzonicenter.org/gender-affirming-care/pacts](http://www.mazzonicenter.org/gender-affirming-care/pacts)

### **PEER RECOVERY SERVICES**

Peer support, referrals, and resources available. Information on recovery resources, meetings, sober housing

1348 Bainbridge Street

Philadelphia, PA 19147

**Phone:** 215-563-0652 x 243

### **PHILADELPHIA TRANS WELLNESS CONFERENCE**

Free annual conference with many workshops for trans\* youth, teens, young adults, adult, and parents. Specialized tracks and activities for children and youth are available.

**Website:** [www.mazzonicenter.org/trans-wellness](http://www.mazzonicenter.org/trans-wellness)



## **RECOVERY SERVICES**

Outpatient, Intensive Outpatient, Groups, Medication-Assisted Treatment and Peer Services  
Telehealth and In-office Serving Philadelphia, Bucks, Montgomery, Delaware, Chester, Lehigh,  
Northampton Counties

**Insurance:** Medicaid, Medicare and commercial insurances

1348 Bainbridge Street

Philadelphia, PA 19147

**Website:** [www.mazzonicenter.org/supportive-services/therapy-and-recovery](http://www.mazzonicenter.org/supportive-services/therapy-and-recovery)

**Phone:** 215-563-0652 x 248 (Intake)

**Phone:** 215-563-0652 x 243 (Intensive Outpatient Program)

## **RECOVERY SUPPORT GROUPS FOR TG/GNC/NB**

Peer led support groups open to LGBTQ+ individuals affected by substance use who are seeking additional support for substance related issues. Held virtually Tuesday & Wednesday evenings. Visit website for meeting link.

**Website:** [www.mazzonicenter.org/events/all-recovery-meeting](http://www.mazzonicenter.org/events/all-recovery-meeting),

**Phone:** 215-563-0652 x 243

## **SISTERLY LOVE**

The group's goal is to empower the Trans, Gender Nonconforming, Non-binary (TGNCNB) FEM community through peer support, ongoing training, and skills-building. The group provides opportunities to organize within the community and to become active leaders who influence actions, policies, and decisions that directly affect the Trans community here at Mazzoni Center and in our community. The meetings are held every third Friday of the month at Mazzoni Center's Bainbridge facility.

**Contact:** Tatyana Woodard, Community Affairs Manager [twoodard@mazzonicenter.org](mailto:twoodard@mazzonicenter.org)

**Phone:** 215 -563-0652 ext. 617





## Agencies & Services

### **ATTIC YOUTH CENTER**

The Attic Youth Center creates opportunities for LGBTQ youth (ages 13-23) to develop into healthy, independent, civic-minded adults within a safe and interactive community. Offers free counseling and groups. Program calendar available online: [www.atticyouthcenter.org/calendar](http://www.atticyouthcenter.org/calendar)  
255 S. 16th St.

Philadelphia, PA 19102

**Phone:** 215.545.4331

**Website:** [www.atticyouthcenter.org](http://www.atticyouthcenter.org)

### **BEBASHI**

Within Bebashi's Prevention and Education program, individuals of the LBTQ+ community can receive assistance with accessing PrEP/PEP, HIV/AIDS education, and healthcare and treatment. Bebashi operates the Trans Necessities Closet, a safe space for GNC folks and people of Trans experience to get clothing, wigs, affirming items (like binders, STP's, etc), referrals, and resources for affirming care. Bebashi operates the HYPE program that creates skills and knowledge around risk reduction like PrEP, testing, and STD/STI prevention education while centering around ballroom activities.

1235 Spring Garden St.

Philadelphia, PA 19123

**Phone:** 215-769-3561

**Website:** [www.bebashi.org](http://www.bebashi.org)

### **BRADBURY-SULLIVAN LGBT COMMUNITY CENTER**

A vibrant LGBTQ+ community in the Lehigh Valley through arts, health, youth, and pride programs as well as supportive services, training, and advocacy.

522 West Maple Street at Bayard Rustin Way

Allentown, PA 18101

**Phone:** 610-347-9988

**Website:** [www.bradburysullivancenter.org](http://www.bradburysullivancenter.org)



### **CENTER FOR ADVOCACY FOR THE RIGHTS AND INTERESTS OF THE ELDERLY (CARIE)**

CARIE fulfills its core mission — to improve the well being, rights and autonomy of older persons through advocacy, education, and action. CARIE's most successful and widely used service is the CARIE LINE. The CARIE LINE is a free telephone and online, one-on-one service that offers counseling, information, advocacy and education to help elders and caregivers identify and access resources on *any issue* an elder may be facing. CARIE provides Medicare insurance counseling, court advocacy and short-term counseling for survivors of crime, and provides advocacy for people living in long-term care facilities and nursing homes, including advocacy for trans and gender non-conforming nursing home residents.

1650 Arch St, Suite 1825

Philadelphia, PA 19103

**Phone:** 215-545-5728

**Hotline:** 1-800-356-3606

### **GALAEI QTBIPOC**

Serving the Latinx community while widening our embrace, GALAEI now provides services, support, and advocacy for all Queer, Trans, Black, Indigenous, and people of color (QTBIPOC) communities. Featuring TINGS(Trans Intersex Non Binary And Gender nonconforming services) which offers group meetings that include but are not limited to: Trans Masc Bi-Weekly Group, Trans Fem Bi-Weekly Group, Non-Binary Weekly Group, Work with SPLAT (youth programming) for inclusive and exclusive programming or TINGS youth.

118 Fountain St

Philadelphia, PA 19122

215-398-5003

info@galaei.org

<https://www.galaeiqtbipoc.org/>

### **HEARTS ON A WIRE**

Hearts on a Wire is a grassroots inside/outside prison advocacy organization working to address the needs of transgender people in Pennsylvania's prisons. Publishes newsletter with writings from trans people in prison. The group meets Mondays, 5:00-6:30pm. Please contact to learn how to attend via phone, web, or in person.

**Mail:** Hearts on a Wire | 1315 Spruce Street | Philadelphia, PA 19107

**Email:** heartsonawire@gmail.com

**Website:** [www.heartsonawire.org](http://www.heartsonawire.org)

**Facebook:** [www.facebook.com/HeartsOnAWire](https://www.facebook.com/HeartsOnAWire)



### **PROJECT SAFE**

Project SAFE is for and by sex workers in Philadelphia. We support each other with the following programs: Ladies Night, Outreach, Project SAFE Community Center, Deliveries, Medical and Legal Advocacy, Bad Date Sheet, and Political Advocacy.

**Hotline:** 866-509-SAFE (7233)

**Website:** [www.projectsafephilly.org](http://www.projectsafephilly.org)

**Facebook:** [www.facebook.com/safephila](http://www.facebook.com/safephila)

**Twitter:** [www.twitter.com/safephila](http://www.twitter.com/safephila)

### **SAGA COMMUNITY CENTER**

A program of [The Welcome Project PA](#) Youth, adult and community programs for Montgomery and Bucks Counties

350 S. York Rd. Hatboro, PA 19040

**Phone:** 215-675-8808 ext. 202

**Email:** SAGAHatboro@gmail.com

**website:** [www.sagahatboro.com](http://www.sagahatboro.com)

### **WILLIAM WAY LGBT COMMUNITY CENTER**

The William Way Community Center seeks to encourage, support, and advocate for the wellbeing and acceptance of sexual and gender minorities through services, recreational, educational, and cultural programming.

1315 Spruce St.

Philadelphia, PA 19107

215-732-2220

[info@waygay.org](mailto:info@waygay.org)

[www.waygay.org](http://www.waygay.org)

### **LUTHERAN SETTLEMENT HOUSE**

Lutheran Settlement House has been a staple in the community of Frankford for over 100 years. They are a non-profit, community based social service organization that serves over 14,000 women, men, and children each year through four program areas: Adult Education and Employment, Intimate Partner Violence, Senior Services, and Homeless Services. Their mission is simple, "to empower individuals, families, and communities to achieve and maintain self-sufficiency through an integrated program of social, educational, and advocacy services."

1340 Frankford Ave

Philadelphia, PA. 19125

**Phone:** 215-426-8610

**Hotline:** 866-723-3014 (24/7)

**Website:** [www.lutheransettlement.org](http://www.lutheransettlement.org)



## Hotlines & Helplines

### **PA STATE AIDS HOTLINE**

Information and referrals to local HIV/AIDS resources and sexual and reproductive health information. **Available:** Monday-Friday from 9AM-6PM.

**Hotline:** 1-800-662-6080

### **COVENANT HOUSE HOTLINE**

National hotline for homeless and runaway youth and families. Provides crisis counseling and referrals.

**Hotline:** 1-800-999-9999 (24/7)

### **NATIONAL SEXUAL ASSAULT HOTLINE**

**Hotline:** 1-800-656-HOPE (4673) (24/7)

**Online:** [www.rainn.org/get-help](http://www.rainn.org/get-help) (24/7)

### **PHILADELPHIA DOMESTIC VIOLENCE HOTLINE**

Hotline for survivors of domestic violence/intimate partner violence.

**Hotline:** 1-866-723-3014 (24/7)

### **PHILADELPHIA BULLY HOTLINE**

LGBTQI violence, harassment, and discrimination hotline for events occurring in the school system.

**Hotline:** 215-400-SAFE (7233)

### **PROJECT HOME –**

Homeless Outreach Hotline Access to homelessness services

**Hotline:** 215-232-1984 (24/7)

### **PHILADELPHIA SUICIDE AND CRISIS HOTLINE (OFFICE OF MENTAL HEALTH)**

**For yourself:** 215-686-4420 (24/7)

**For a family member, relative, or friend:** 215-685-6440 (24/7)

**For children:** 215-685-06440 (24/7)



### **TREVOR PROJECT**

Suicide and crisis prevention helpline for LGBTQ youth.

**Hotline:** 1.866.4U.TREVOR (1.866.488.7386) **(24/7)**

**Text:** 'START' to 678-678 **(24/7)**

**Online:** [www.thetrevorproject.org/get-help/](http://www.thetrevorproject.org/get-help/)

### **NATIONAL SUICIDE PREVENTION LIFELINE/ RED NACIONAL DE PREVENCIÓN DEL SUICIDIO**

Free and confidential support for people in distress and prevention and crisis resources for you or your loved ones in English and Spanish.

**English/ Ingles:** 1-800-273-8255 **(24/7)**

**Espanol/ Spanish:** 1-888-628-9454 **(24/7)**

**For TTY Users:** Use your preferred relay service or dial 711 then 1-800-273-8255. **(24/7)**

**Website:** [www.suicidepreventionlifeline.org/](http://www.suicidepreventionlifeline.org/) **(24/7)**

**Website:** [www.suicidepreventionlifeline.org/helpyourself/en-espanol/](http://www.suicidepreventionlifeline.org/helpyourself/en-espanol/) **(24/7)**

### **HEALTH INFORMATION HOTLINE**

Central intake hotline for HIV positive individuals to get more information about medical care and support, as well as to get connected with HIV medical case management. **Available:** Monday-Friday 8am-5:30pm

**Hotline:** 215.985.2437

**Hotline;** 1.800.985.2437

### **WOAR PHILADELPHIA CENTER AGAINST SEXUAL VIOLENCE**

Sexual assault hotline. Offers support, referrals for ongoing counseling, medical accompaniment, and information about reporting sexual assault. Staff and volunteers have received training about transgender issues.

**Hotline :**215.985.3333 **(24/7)**

**Website:** [www.woar.org](http://www.woar.org)

### **TRANS LIFELINE**

Hotline available in the U.S. and Canada that is staffed by trans people. Operators are guaranteed to be on call between 10:00am-4:00am.

**Hotline :**877-565-8860 **(24/7)**

**Website:** <https://translifeline.org/>



## Dentists

### **PHILADELPHIA DENTISTRY**

1601 Walnut St. Suite 1302

Philadelphia, PA 19102

**Phone:** 215-568-6222

**Email:** [info@phillydentistry.com](mailto:info@phillydentistry.com)

**Website:** [www.phillydentistry.com](http://www.phillydentistry.com)

### **UNIVERSITY OF PENNSYLVANIA DENTAL CLINIC**

240 S. 40th St. #3

Philadelphia, PA 19104

**Phone:** 215.898.8965

**Website:** [www.penndentalmedicine.org/low-cost-dental-clinic/](http://www.penndentalmedicine.org/low-cost-dental-clinic/)

### **CENTER CITY EMERGENCY DENTIST**

1429 Walnut Street 6<sup>th</sup> Floor

Philadelphia, PA 19102

**Phone:** 215-223-5555

**Email:** [info@centercityed.com](mailto:info@centercityed.com)

**Website:** [www.centercityemergencydentists.com](http://www.centercityemergencydentists.com)



## Fertility Services

### **FAIRFAX CRYOBANK:**

Sperm, egg, and embryo freezing and storage

University City Science Center

3401 Market Street, Suite 205

Philadelphia, PA 19104

**Phone:** 215-386-1977

**Hotline:** 800-338-3407

**Fax:** 215-386-1776

**Email:** [phillycryo@fairfaxcryobank.com](mailto:phillycryo@fairfaxcryobank.com)

**Website:** [www.fairfaxcryobank.com/](http://www.fairfaxcryobank.com/)

### **SHADY GROVE FERTILITY**

Sperm and egg freezing/storage

Several locations in PA, Maryland, Virginia, and Washington, DC

**Phone:** New Patient Appointments: 888-761-1967

**Website:** <https://www.shadygrovefertility.com/>

### **REPRODUCTIVE MEDICINE ASSOCIATES (RMA) AT JEFFERSON**

Sperm, egg, and embryo freezing/storage with locations in PA, Philadelphia, King of Prussia, Langhorn, Willow Grove, and Mechanicsburg

833 Chestnut Street, Suite C 152 Upper Concourse

Philadelphia, PA 19107

**Phone:** 215.922.1556

**Hotline:** 855-762-4672

**Website:** <http://www.rmaspecialists.com/elective-fertility-preservation/>

### **PENN MEDICINE:**

Sperm and egg freezing/storage

**Phone:** 800-789-7366

**Website:** General fertility care: <https://www.pennmedicine.org/for-patients-and-visitors/find-a-program-or-service/penn-fertility-care>

**Website:** LGBT Family Planning: [www.pennmedicine.org/for-patients-and-visitors/find-a-program-or-service/penn-fertility-care/lgbtq-family-building](http://www.pennmedicine.org/for-patients-and-visitors/find-a-program-or-service/penn-fertility-care/lgbtq-family-building)



## Medical Specialists, Primary Care and Hormone Providers

### **JACQUELINE GUTMANN, MD**

Infertility & Reproductive Endocrinology RMA of Philadelphia  
833 Chestnut St. Suite C152  
Philadelphia, Pa 19107  
**Phone:** 215-922-1556

### **MICHAEL LEVIN, DO**

Nephrologists Metropolitan Nephrology Associates  
4453 Castor Ave Suite B  
Philadelphia, PA 19124  
**Phone:** 215-744-2266  
**Website:** [www.metroneph.com/dr-levin/](http://www.metroneph.com/dr-levin/)  
See website for other locations throughout Philadelphia

### **ERIN O'MALLEY-TYSKO, MD**

Cardiologist Mainline Health Group / Lankenau Heart Group  
7114 Ridge Avenue  
Philadelphia, PA 19128  
**Phone:** 484.476.1000  
**Website:** [www.mainlinehealth.org/find-a-doctor/erin-a-omalley-tysko](http://www.mainlinehealth.org/find-a-doctor/erin-a-omalley-tysko)

### **MIDLANTIC UROLOGY**

207 N. Broad St.  
6th Floor  
Philadelphia, PA 19107  
**Phone:** 215-762-3200

### **PENNSYLVANIA CENTRE FOR DERMATOLOGY**

822 Pine St. Suite 2A  
Philadelphia, PA 19107  
**Phone:** 267-519-0154  
**Website:** [www.pennsyderm.com](http://www.pennsyderm.com)





**PHILADELPHIA UROLOGY ASSOCIATES, P.C.**

1015 Chestnut St, Suite 405

Philadelphia, PA 19107

**Phone:** 215-563-1199

**Website:** [www.philaurology.com](http://www.philaurology.com)

**OMNI-VISION**

1230 Chestnut Street

Philadelphia, PA 19107

**Phone:** 215-997-7700

**Website:** [www.omnivisionphilly.com](http://www.omnivisionphilly.com)

**MODERN EYE OPTICAL**

145 S. 13<sup>th</sup> Street (second location in West Philadelphia)

Philadelphia, PA 19107

**Phone:** 215-922-3300

**Website:** [www.modern-eye.com](http://www.modern-eye.com)

**EINSTEIN PRIDE PROGRAM**

Philadelphia, Montgomery County Ages14+ OB/GYN, Mental Health and Transcare. Accepting Medicaid and commercial insurance

**Phone:** 215-420-0989

**JEFFERSON FAMILY MEDICINE**

Primary healthcare to all LGBTQI communities. Most insurance accepted.

833 Chestnut St., Suite 301

Philadelphia, PA 19107

**Phone:** 215-955-7190

**Hotline:** 800-533-3669

**PENN MEDICINE PENN FAMILY CARE AT PENN MEDICINE UNIVERSITY CITY**

3737 Market Street, 9th Floor Philadelphia, PA 19104

**Phone:** 215-662-8777

**KATHERINE MARGO, MD**

Family medicine clinician experienced working with transgender and LGBT individuals.



### **PENN MEDICINE TRANSGENDER PATIENT ADVOCATE PROGRAM**

Part of the Penn Medicine for LGBT Health and provides advocacy and support for TGNCNB patients at Penn Medicine.

**Phone:** 215-573-8499

**Email:** [LGBThlth@med.upenn.edu](mailto:LGBThlth@med.upenn.edu)

### **PLANNED PARENTHOOD**

Ages 18+ Insurance: PA Medicaid, some Commercial Insurance, sliding scale available  
Prescribes hormones using an informed consent model

1144 Locust St

Philadelphia PA

**Phone:** 215-351-5560.

### **SPRUCE INTERNAL MEDICINE AT PENN MEDICINE WASHINGTON SQUARE**

800 Walnut St, 16th Floor Philadelphia, PA 19104

**Phone:** 215-829-0101

### **TEMPLE HEALTH GENDER AFFIRMATION SERVICES**

Ages 18+ Hormones, primary & preventive care, gender affirming surgery, resources. Temple University and affiliated sites.

**Phone:** 800-836-7536

**Website:** [www.templehealth.org/services/treatments/gender-affirmation-hormone-therapy](http://www.templehealth.org/services/treatments/gender-affirmation-hormone-therapy)

### **JOHN BELL HEALTH CENTER (PHILADELPHIA FIGHT)**

Ages 18+ Insurance: PA Medicaid, some Commercial Insurance, sliding scale available  
Prescribes hormones using an informed consent model.

1207 Chestnut St, 3rd Floor

Philadelphia, PA 19107

**Phone:** 267-725-0252 [www.fight.org](http://www.fight.org)

### **Y-HEP ADOLESCENT AND YOUNG ADULT HEALTH CENTER (PHILADELPHIA FIGHT)**

Adolescent and Young Adult Health Center Ages: 13-24 Insurance: PA Medicaid, some Commercial Insurance, sliding scale available Prescribes hormones using an informed consent model.

1207 Chestnut St, 5<sup>th</sup> floor

**Phone:** 215-344-1632



## **Philadelphia Suburbs**

### **MAINLINE HEALTH COMPREHENSIVE GENDER CARE SERVICES**

**Phone:** 484-337-5329

**Website:** [www.mainlinehealth.org](http://www.mainlinehealth.org)

### **MOSAIC MEDICAL (AIDS CARE GROUP) –**

Locations in Chester, PA & Sharon Hill, PA

1300 Chester Pike

Sharon Hill, PA 19079

**Phone:** 610-872-9101

**Website:** [www.mosaicmedicalcenter.org](http://www.mosaicmedicalcenter.org)

### **PLANNED PARENTHOOD**

2081 East High St.

Pottstown, PA

**Phone:** 610-326-8080

### **CHRISTINE MEYER, MD**

750 Lincoln Highway

Exton, PA 19341

**Phone:** 610-363-0100

### **ALLENTOWN WOMEN'S CENTER**

Ages: 16+ Insurance: PA Medicaid (Amerihealth Caritas, Amerihealth Northeast, Geisinger Family Plan), some commercial insurance Referral letter from a therapist is required for hormone prescription. Therapists are available at this location to meet for counseling for referral letter. Sliding scale is available for counseling appointments only, not medical.

31 South Commerce Way, Suite 100

Bethlehem PA

**Phone:** 484-821-0821

**Website:** [www.allentownwomenscenter.com/lgbtq](http://www.allentownwomenscenter.com/lgbtq)

### **ALLEN SMITH, CRNP (NOVUS ACS)**

Bethlehem / Stroudsburg

**Phone:** 610-867-5365



**ALDER HEALTH SERVICES**

Harrisburg / Lancaster Primary care, hormone therapy, GYN, sexual health, behavioral health

**Phone:** 717-233-7190

**Website:** [www.alderhealth.org/](http://www.alderhealth.org/)

**New Jersey Providers**

**COOPER CARE ALLIANCE PRIMARY CARE**

2339 Route 70

West Cherry Hill, NJ 08002

**Phone:** 856-536-1515

**VNACJ COMMUNITY HEALTH – LGBTQ CENTER FOR HEALTH AND WELLNESS**

816 Sunset Ave

Asbury Park, NJ 07712

**Phone:** 732-502-5130

**PROUD CENTER AT RWJ SOMERSET – BABS SIPERSTEIN**

128 Rehill Ave, Suite 1100

Somerville, NJ 08876

**Phone:** 855-776-8334

**Website:** [www.rwjbh.org/rwj-university-hospital-somerset/treatment-care/babs-siperstein-proud-center/](http://www.rwjbh.org/rwj-university-hospital-somerset/treatment-care/babs-siperstein-proud-center/)

**HADDONFIELD PRIMARY & SPECIALTY CARE**

80 Tanner Street

Haddonfield, NJ 08033

**Phone:** 844-542-2273

**Website:** [www.newjersey.jeffersonhealth.org/mydoc/haddonfield-primary-specialty-care-lgbtq-affirming-practice](http://www.newjersey.jeffersonhealth.org/mydoc/haddonfield-primary-specialty-care-lgbtq-affirming-practice)



## **Online Resources**

### **PLUME**

Currently available in Arkansas, California, Colorado, Florida, Maine, Massachusetts, Minnesota, Missouri, New Jersey, New York, North Carolina, Oklahoma, Oregon, Pennsylvania, Texas, Virginia.

Website: <https://getplume.co>

### **FOLX**

Website: [www.folxhealth.com](http://www.folxhealth.com)



## Behavioral Health Providers

As personal preferences vary and circumstances related to practice policies change quickly, it is recommended to explore information on treatment approaches, availability, telehealth, insurance and fees, and other factors that may be important to you in selecting a provider.

### **LIST OF QUEER AND/OR TRANS THERAPISTS IN PHILADELPHIA:**

[www.restorativeconnection.com/resources.html](http://www.restorativeconnection.com/resources.html)

### **NATIONAL QUEER AND TRANS THERAPIST OF COLOR NETWORK**

<https://www.nqttcn.com/directory>

### **PSYCHOLOGY TODAY**

[www.psychologytoday.com](http://www.psychologytoday.com)

Search directory and filter based on your search criteria (T/NB identified, allied, location, clinical approach, insurance/fees, etc.)

### **REBECCA ALVAREZ, LCSW, MED**

Medical Tower Building  
255 South 17th Street, Suite 1509  
Philadelphia, PA 19103

**Phone:** 267-592-6808

**Email:** [alvarez.lcsw@gmail.com](mailto:alvarez.lcsw@gmail.com)

**Website:** [www.rebeccajalvarez.com](http://www.rebeccajalvarez.com)

### **MICHELE ANGELLO, PH.D**

Individual, group, and family therapy.  
987 Old Eagle School Rd. Suite 719  
Wayne, PA 19087

**Phone:** 610-917-8561

**Email:** [Dr\\_Angello@yahoo.com](mailto:Dr_Angello@yahoo.com)

**Website:** [www.micheleangelo.com](http://www.micheleangelo.com)

### **ATTIC YOUTH CENTER**

The Counseling department of The Attic Youth Center provides individual, couples, and family therapy to Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) youth and young adults, up to the age of 23, and their families/caregivers (biological or by choice).

255 S. 16th St.

Philadelphia, PA 19102

**Phone:** 215-545-4331 then #2 for counseling intake

**Website:** [www.atticyouthcenter.org](http://www.atticyouthcenter.org)



**SYLVIA G. BROWN, LCSW**

2401 Pennsylvania Ave, #15B29  
Philadelphia, PA 19130  
**Phone:** 484-893-4081

**BUCKS LGBTQ CENTER**

Mental Health and Recovery Services  
17 Barclay Street, Bldg B3  
Newtown, PA 18940  
or  
5246 York Road  
Buckingham, PA 18902  
**Phone:** 215-260-7570  
**Website:** [www.Buckslgbtq.com](http://www.Buckslgbtq.com)

**ELIZABETH BYRNE, MA, NCC, LPC, CTTS**

William Way Center  
1315 Spruce Street  
Philadelphia, PA 19107  
or  
520 Carpenter Lane  
Philadelphia, PA 19119  
267-498-5237  
[elizabethabyrne@yahoo.com](mailto:elizabethabyrne@yahoo.com)

**MARLA COBIN, PH.D, LCSW**

6703 Germantown Ave.  
Suite 200  
Philadelphia, PA 19119  
**Phone:** 610.304.9886  
**Email:** [marla\\_cobin@yahoo.com](mailto:marla_cobin@yahoo.com)  
**Website:** [www.drmarlacobin.com](http://www.drmarlacobin.com)

**COMHAR – PACTS PROGRAM**

Outpatient mental health, substance use, psychiatry  
100 S. Broad Street, Suite 1430  
Philadelphia, PA 19110  
**Phone:** 215-569-8414 ext. 244  
**Email:** [psalinas@comhar.org](mailto:psalinas@comhar.org)  
**Website:** [www.comhar.org](http://www.comhar.org)



**COLLAGE THERAPY COLLECTIVE**

**Phone:** 267-209-0010

**Email:** [info@collagetherapycollective.com](mailto:info@collagetherapycollective.com)

**Website:** [www.collagetherapycollective.com/](http://www.collagetherapycollective.com/)

**COME TOGETHER COUNSELING**

**Phone:** 215-515-8058

**Email:** [renya@cometogethercounseling.net](mailto:renya@cometogethercounseling.net)

**Website:** [www.cometogethercounseling.net/](http://www.cometogethercounseling.net/)

**DAMON CONSTANTINIDES, PHD, LCSW**

Teletherapy only. Center City Philadelphia

**Phone:** 607-218-2595

**Email:** [DrDamonC@gmail.com](mailto:DrDamonC@gmail.com)

**Website:** [www.drdamonc.com](http://www.drdamonc.com)

**CW PSYCHOLOGICAL SERVICES**

King of Prussia

**Phone:** 610-308-7575

**Website:** [www.Cwpsychologicalservices.com](http://www.Cwpsychologicalservices.com)

**L. ELAINE DUTTON, LCSW**

1315 Spruce Street

Philadelphia, Pennsylvania 19107

**Phone:** 267-202-4489

**EMERGE WELLNESS**

1221 Locust Street, 2<sup>nd</sup> fl

Philadelphia, PA 19107

**Phone:** 267-225-3905

**Website:** [www.emergewellnessphilly.com](http://www.emergewellnessphilly.com)

**ANASTASIA FUJII, LCSW**

440 East Girard Avenue

Philadelphia, PA 19125

**Phone:** 267-908-3693

**Email:** [anastasiafujii.lcsw@gmail.com](mailto:anastasiafujii.lcsw@gmail.com)

**Website:** [Kintsugimentalwellness.com](http://Kintsugimentalwellness.com)





**GENDER AND SEXUALITY COUNSELING CENTER OF NJ**

**Phone:** 973-932-0433

**Website:** [www.gscenj.com/](http://www.gscenj.com/)

**ALISON GERIG, LCSW**

Teletherapy only

**Phone:** 267-257-6657

**Email:** [alisongerig@gmail.com](mailto:alisongerig@gmail.com)

**Website:** [www.alisongerig.com](http://www.alisongerig.com)

**LIFESTANCE HEALTH (FORMERLY HORNSTEIN, PLATT & ASSOCIATES)**

Counseling, Psychiatry, Nutrition, and Coaching. Visit website for more locations

Most services via Telehealth

255 S 17th St #1010

Philadelphia, PA 19103

**Phone:** 610-892-3800

**Website:** [www.hptherapy.com](http://www.hptherapy.com)

**JULIE LIPSON, MA, MT-BC**

Music Therapy Virtual sessions only

**Email:** [InnerRhythmsTherapy@gmail.com](mailto:InnerRhythmsTherapy@gmail.com)

**Website:** [www.InnerRhythmsMusic.com](http://www.InnerRhythmsMusic.com)

**CHRISTIAN JORDAL, PH.D., LMFT, CST**

Marriage, Family and Sex Therapy

628 S. Broad St., 2nd Fl.

Philadelphia, PA 19146

**Phone:** 484-429-6079

**Email:** [christian.jordal@gmail.com](mailto:christian.jordal@gmail.com)

**Website:** [www.talklovegrow.com](http://www.talklovegrow.com)

**ANNA KIESNOWSKI, LCSW**

Philadelphia, PA

**Phone:** 202-780-6812

**Email:** [annakiesnowski@gmail.com](mailto:annakiesnowski@gmail.com)

**MAIN LINE COUNSELING & WELLNESS CENTER**

Counseling, Nutrition & Acupuncture

Philadelphia, Haverford & Paoli

**Phone:** 610-664-2524

**Website:** [www.mlcwellness.com](http://www.mlcwellness.com)



**MARTA LUDWIG LCSW, MSW**

225 Haverford Ave, Suite 202  
Narberth, PA 19072  
**Phone:** 607.354.4134  
**Email:** [martawludwig@gmail.com](mailto:martawludwig@gmail.com)

**MOUNTAIN PSYCHOTHERAPY**

PA & South Jersey  
232 Kings Highway East  
Haddonfield, NJ 08033  
**Phone:** 856-946-7070  
**Website:** [www.Mountainpsychotherapy.com](http://www.Mountainpsychotherapy.com)

**RYAN O’LAUGHLIN**

**Phone:** 2672733377  
**Email:** [rmolaughlin@gmail.com](mailto:rmolaughlin@gmail.com)  
**Website:** <https://www.psychologytoday.com/us/therapists/ryan-olaughlin-philadelphia-pa/921817>

**ROBIN B. RISLER, PSY.D., CAADC**

Clinical Psychologist  
255 S. 17th St. Suite 1307  
Philadelphia, PA 19103  
**Phone:** 610-246-5459  
**Website:** [www.drrobinrisler.com](http://www.drrobinrisler.com)

**KATHLEEN ROSS, PHD, LCSW**

Spanish-speaking  
255 S. 17th St, Suite 1305  
Philadelphia, PA 19103  
**Phone:** 267-312-0676

**MTR THERAPY**

Visit website for all locations  
201 S. 18<sup>th</sup> St., Suite 204  
Philadelphia, PA 19103  
**Phone:** 215-617-8389 or 267-997-7827  
**Website:** [www.mtrtherapy.com](http://www.mtrtherapy.com)



**MELANIE RYCHOK, LCSW**

1518 Walnut Street Suite 1404

Philadelphia, PA 19102

**Phone:** 267-603-3101

**Website:** [www.mrychokmsw@gmail.com](http://www.mrychokmsw@gmail.com)

**SANARE TODAY**

Outpatient and Intensive MH programs. Multiple locations

1500 Walnut Street, Suite 603

Philadelphia, PA 19102

**Phone:** 610-344-9600

**Website:** [www.Sanaretoday.com](http://www.Sanaretoday.com)

**SANCTUARY COUNSELING**

Douglasville/ Collegeville

**Phone:** 610-385-3155

**Website:** [www.Sanctuarycounseling.com](http://www.Sanctuarycounseling.com)

**SPILOVE PSYCHOTHERAPY**

Therapy, Groups, Nutrition. No insurance/Sliding scale. In-office & Virtual. Location also in Bryn Mawr.

1601 Walnut Street, Philadelphia

**Phone:** 484-784-6244

**Website:** [www.tiffanyspilove.com/](http://www.tiffanyspilove.com/)

**SPRINGFIELD PSYCHOLOGICAL SERVICES**

Therapy and Psychiatry. Multiple locations in PA and NJ

**Phone:** 610-544-2110 (PA)

**Phone:** 609-594-4900 (NJ)

**Website:** [www.springpsych.com](http://www.springpsych.com)

**THERAPY CENTER OF PHILADELPHIA**

215 South Broad Street

Philadelphia, PA 19107

**Phone:** 215-567-1111

**Website:** [www.therapycenterofphila.org](http://www.therapycenterofphila.org)



**JESSIE TIMMONS, LCSW**

Toward Healing Practice  
1531 Cherry St  
Philadelphia, PA 19102

**Website:** [www.Towardhealing.org](http://www.Towardhealing.org)

**WALNUT PSYCHOTHERAPY CENTER**

1700 Sansom St, 11<sup>th</sup> floor  
Philadelphia, PA 19103

**Phone:** 215-563-7863

**Email:** [info@walnutpsychotherapycenter.com](mailto:info@walnutpsychotherapycenter.com)

**Website:** [walnutpsychotherapycenter.com](http://walnutpsychotherapycenter.com)

**ELIZABETH WEISMAN, LSW**

Virtual and in-person sessions  
7921-A Germantown Ave  
Philadelphia, PA 19118

**Phone:** 267-202-4386

## Psychiatry

**SARAH NOBLE, DO**

Einstein Behavioral Health at Tabor Building (Einstein Pride Program)  
1200 W Tabor Rd Suite 100  
Philadelphia, PA 19141

**Phone:** 215-456-9850

**LIFESTANCE HEALTH (FORMERLY HORNSTEIN, PLATT & ASSOCIATES)**

Counseling, Psychiatry, Nutrition, and Coaching. Visit website for more locations. Most services via Telehealth

255 S 17th St #1010  
Philadelphia, PA 19103

**Phone:** 610-892-3800

**Website:** [www.hptherapy.com](http://www.hptherapy.com)

**JANICE CEDERSTROM, MD**

Penn Medicine  
834 Chestnut St,  
Philadelphia, PA 19107

**Phone:** 215-574-1776



**JEFFREY NASER, MD**

Does not accept insurance.

1137 Lancaster Ave

Berwyn, PA 19312

**Phone:** 610.647.3959

**Website:** [www.jeffreynasermd.com](http://www.jeffreynasermd.com)

**SPRINGFIELD PSYCHOLOGICAL SERVICES**

Therapy and Psychiatry Multiple locations in PA and NJ

**Phone:** 610-544-2110 (PA)

**Phone:** 609-594-4900 (NJ)

**Website:** [www.springpsych.com](http://www.springpsych.com)

**ZACH PRANCKUN, DO**

Child & Adolescent Psychiatry

Jefferson Medicine

33 South 9<sup>th</sup> Street, Suite 210

Philadelphia, PA 19107

**Phone:** 215-955-8420

## Substance Use Recovery Services

**MORRIS HOME**

Residential recovery program for the Transgender community. Philadelphia location

**Contact:** Laura Sorensen

**Phone:** 215-729-3045

**Email:** [laura.sorensen@rhd.org](mailto:laura.sorensen@rhd.org)

**PHILADELPHIA FIGHT BEHAVIORAL HEALTH SERVICES**

Mental health, recovery services, IOP with HIV-focus. Medication-assisted treatment available

1211 Chestnut Street Suite 610

Philadelphia, PA 19107

**Phone:** 215-525-8657

**Website:** [www.fight.org](http://www.fight.org)

**PREVENTION POINT BEHAVIORAL HEALTH SERVICES**

Harm reduction oriented medical, behavioral health and social services related to opioid use

2913-2915 Kensington Avenue (corner of Kensington Ave. and Monmouth St.)

Philadelphia, PA 19134

**Phone:** 215-275-8661

**Website:** [www.ppponline.org](http://www.ppponline.org)



### **PROJECT SAFE – PREVENTION POINT**

Support for T/GNC/NB people involved in street economies

**Phone:** 866-509-7233

**Website:** [www.projectsafephilly.org](http://www.projectsafephilly.org)

### **RAINBOW HOUSE RECOVERY HOUSE**

Recovery housing for LGBTQ+ adults in recovery

Philadelphia, PA

**Phone:** 215-608-8637

**Email:** [tbuxton@snsinc.org](mailto:tbuxton@snsinc.org)

## Support Groups

### **PFLAG PHILADELPHIA**

The PFLAG Philadelphia: Group gives LGBTQIA+ people, their parents, families, and allies in Philadelphia a space to discuss, meet, greet, and support each other.

**Info shared through Facebook group:** <https://www.facebook.com/groups/9080998529/about>

**Website:** [www.pflagphila.org](http://www.pflagphila.org)

### **PFLAG PHILADELPHIA RAINBOW CUBS**

Group to support gender creative and LGBTQIA+ children and their whole families. This is a space to meet and support each other, organize meetups, and build a strong community in the Philadelphia region.

**Private Facebook group:** <https://www.facebook.com/groups/philadelphiarainbowcubs>

### **PLAY**

A weekly psychodrama group for trans, nonbinary, genderfluid, Two-spirit, agender and other gender expansive/non-conforming people.

Thursdays at 6:00pm at Therapy Center of Philadelphia

**Register at** [PLAYpsychodramagroup@gmail.com](mailto:PLAYpsychodramagroup@gmail.com)

**Website:** [www.therapycenterofphila.org/psychotherapy-services](http://www.therapycenterofphila.org/psychotherapy-services)

### **GENDER SPECTRUM GROUPS**

Gender Spectrum hosts free online groups for pre-teens, teens, parents, caregivers, and other family members and adults. These groups provide the opportunity to connect with others, share experiences, and feel the comfort of a supportive community.

<https://genderspectrum.org/articles/gender-spectrum-groups>



### **TRANS MASCULINE ADVOCACY NETWORK (TMAN)**

TMAN is a grassroots organization based in Philadelphia, PA dedicated in its efforts to uplift people of color along the transmasculine spectrum. TMAN provides extensive networking and referral services that address the unique and underrepresented vocational, educational, legal, social, familial as well as mental and general health care needs of its members through weekly gatherings, special events and directed activities.

**Email:** [tmanetwork215@gmail.com](mailto:tmanetwork215@gmail.com)

**Facebook:** [www.facebook.com/TMANPhilly/](https://www.facebook.com/TMANPhilly/)

### **TRANSWAY**

TransWay is a diverse weekly social group for the transgender and gender nonconforming community, providing a space where what is often a disenfranchised and marginalized segment of the community can find commonality and support. Transway meets via Zoom every Thursday from 7:30 pm to 9:30 pm. Everyone is welcome! Link access on Facebook.

**Website:** [www.waygay.org](http://www.waygay.org)

**Facebook.:** <https://www.facebook.com/groups/TransWayWilliamWay/>

### **COFFEE TALK**

Coffee talk is a social gathering for people who identify as trans, genderqueer, or non-binary, and their allies. Meets the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of each month at 7pm.

William Way Center

1315 Spruce St.

Philadelphia, PA 19107

**Phone:** 215-732-2220

**Website:** [www.waygay.org](http://www.waygay.org)

### **NOVEL IMMERSIVE FOR LGBTQ+ WRITERS GROUP**

For LGBTQ+ writers, a lack of queer-focused guidance, support, and community in writing workshops can stifle or even stall progress for novels. Taking place over nine months, the Novel Immersive for LGBTQ+ Writers is a program uniquely designed to fill this void and help queer writers complete or make significant progress towards completing a draft of their novel in a supportive community.

**Website:** <https://grubstreet.org/.../novel-immersive-for-lgbtq.../>

### **TRANSCRIBEZ WRITING GROUP**

Free monthly writing group based in Philly for trans/non-cis youth, ages 14-24. Sessions currently held via Zoom. To register:

[upenn.zoom.us/meeting/register/tJEufuCvrDMrGtJBQ8aMpdPpPRsf5sMmvtj8](https://upenn.zoom.us/meeting/register/tJEufuCvrDMrGtJBQ8aMpdPpPRsf5sMmvtj8)



### **BRADBURY-SULLIVAN CENTER**

Located in Allentown, Lehigh Valley, offering many LGBTQ+ focused support groups and community spaces both in-person and virtually.

**Website:** [www.bradburysullivancenter.org/community](http://www.bradburysullivancenter.org/community)

### **FIREWEED COLLECTIVE**

Fireweed Collective Support Groups are unstructured spaces where folks can connect to and offer mutual aid with others who share similar life experiences and struggles. Groups meet once a week online for one hour. All support groups are free and are facilitated by members of Fireweed Collective. Particular focus for BIPOC and QTBIPOC

**Website:** <https://fireweedcollective.org/support-groups/>

### **LGBTQ CANCER SUPPORT GROUP**

The LGBT Cancer support group offers a supportive, confidential space for any LGBT identifying patients with a cancer diagnosis. Offered monthly through a virtual platform, it is facilitated by an LGBT identified oncology social worker.

**Contact Kayla at 215-662-8785**

**Email:** [Kayla.hilliard@pennmedicine.upenn.edu](mailto:Kayla.hilliard@pennmedicine.upenn.edu)

### **LGBT EQUITY ALLIANCE CHESTER COUNTY**

Monthly meetings for youth, adults, and book club happening virtually

**Website:** <https://lgbteachesco.org/monthly>

### **OUR NEIGHBORHOOD GROUP**

7:00 - 8:00 pm, 2nd Wednesday of the month:

LGBTQ+ support meeting at Phoenixville Hospital. Medical Office Building 2 (MOB II), 3rd Floor. Conference room, through glass doors next to elevators. LGBTQ+ community members and family members engage in conversation and sharing experiences. Typical group is 7-10 people.

### **LGBT CENTER OF GREATER READING**

Offers a wide variety of special groups and events to support LGBTQ+ community members, their families, and other allies. For more info:

<https://m.facebook.com/theLGBTcenterofgreaterreading/events/>

### **THE RAINBOW ROOM - PLANNED PARENTHOOD BUCKS COUNTY**

Rainbow Room is a welcoming, fun, educational and empowering program for lesbian, gay, bisexual, transgender, queer, questioning, plus youth, and their allies who are between the ages of 14 and 21. We provide a brave, supportive, welcoming and fun environment for education and advocacy. In Doylestown since 2002! Meetings on Wednesday 6:00-8:00 via Zoom

**Facebook:** [www.facebook.com/pprainbowroom/](http://www.facebook.com/pprainbowroom/)





### **PLANNED PARENTHOOD LGBTQ+ YOUTH PROGRAMS**

Weekly meetings create a safe space to feel empowered and get accurate information about relationships, sex, and more. Virtual and in-person. For details:

**Website:** [www.plannedparenthood.org/planned-parenthood-keystone/education/lgbtq-youth-programs](http://www.plannedparenthood.org/planned-parenthood-keystone/education/lgbtq-youth-programs)

### **HITOPS YOUTH SUPPORT GROUPS**

HiTOPS groups create a safe space for LGBTQ+ youth to meet, socialize, offer and provide support, and participate in educational activities regarding healthy relationships, gender and sexuality, and more! We offer three distinct weekly support groups for young people of varying ages and identities: TConnect, First & Third, and Banner (Middle School). Meeting virtually.

**Website:** <https://www.hitops.org/lgbtq/support-groups/>

### **Q CHAT SPACE**

Q Chat Space provides live, chat-based, professionally facilitated, online support and discussion groups for LGBTQ+ teens 13-19.

**Facebook:** <https://www.facebook.com/QChatSpace>

### **TRANS EQUALITY PROJECT EASTERN PA**

Our transgender support groups serve the Lehigh Valley and surrounding areas.

**Website:** [www.patransequity.org/supportive-services/peer-support/](http://www.patransequity.org/supportive-services/peer-support/)

### **WOAR – PHILADELPHIA CENTER FOR SEXUAL VIOLENCE**

LGBTQ+ Survivor's Group A 12-week closed group for survivors who identify within the LGBTQ+ community. The content of the group is tailored specifically to each group but has the potential to explore various topics including defining self, PTSD, coping with internal and external sources of homophobia, exploring body memories from the trauma and seeking support from the family of origin or family of choice.

**Call intake to register for group:** 215-985-3333

**Website:** <https://www.woar.org/closed-therapeutic-groups/>



## Surgeons & Surgery Resources

Please be advised that information may change. It is always advisable to explore and research surgeons, their experience and specialty areas, and practice philosophies as thoroughly as possible. Inclusion on this list does not reflect an endorsement of ability or outcome.

### **DR. RACHEL BLUEBOND-LANGNOR**

Chest & Genital Surgery

**Insurance:** Medicare & Commercial plans

NYU Langone Plastic Surgery

New York, NY

**Phone:** 646-501-4449

**Website:** <https://nyulangone.org/doctors/1902867393/rachel-bluebond-langner>

### **DR. HOWARD CAPLAN**

Chest Surgery

**Insurance:** Medicare & Commercial plans

Main Line Health

Philadelphia, PA

**Phone:** 215-629-1866

**Website:** <https://www.mainlinehealth.org/find-a-doctor/howard-s-caplan>

### **DR. BRYAN CICUTO**

Chest Surgery

**Insurance:** plans vary

Lititz, PA & Elizabethtown, PA

**Phone:** 717-625-3509

**Website:** <https://providers.upmc.com/provider/Bryan+J+Cicuto/1744514>

### **DR. JONATHAN KEITH**

Chest & Genital Surgery

**Insurance:** NJ Medicaid & commercial plans

NJ & NY

**Phone:** 201-449-1000

**Website:** [www.ecaplasticsurgery.com/procedures/gender-affirmation/](http://www.ecaplasticsurgery.com/procedures/gender-affirmation/)



**DR. JARED LIEBMAN**

Chest surgery

**Insurance:** PA Medicaid & commercial  
Einstein Hospital Philadelphia, PA

**Phone:** 215-456-4670

**Website:** <https://providers.einstein.edu/provider/Jared+Liebman/1451383>

**DR. LAURA DOUGLASS**

Gender Affirming Surgery Temple University

**Insurance:** PA Medicaid & commercial  
Philadelphia, PA

**Contact Surgical Coordinator** 215-707-8427

**Email:** [dexter.rose@tuhs.temple.edu](mailto:dexter.rose@tuhs.temple.edu)

**Website:** <https://medicine.temple.edu/laura-douglass>

**DR. ALIREZA HAMIDIAN JAHROMI**

Gender Affirming Surgery Temple University

**Insurance:** PA Medicaid & commercial  
Philadelphia, PA

**Contact Surgical Coordinator** 215-707-8427

**Email:** [dexter.rose@tuhs.temple.edu](mailto:dexter.rose@tuhs.temple.edu)

**Website:** <https://www.templehealth.org/doctors/alireza-hamidian-jahromi>

**DR. JEANNE LLENADO**

Orchiectomy

**Insurance:** PA Medicaid & commercial  
Philadelphia, PA

**Phone:** 215-503-7124

**Website:** <https://hospitals.jefferson.edu/find-a-doctor//llenado-jeanne-v.html>

**DR. PUNEET MASSON**

Orchiectomy

**Insurance:** PA Medicaid & commercial  
Philadelphia, PA

**Phone:** 800-789-7366

**Website:** <https://www.med.upenn.edu/apps/faculty/index.php/g275/p8644285>



**DR. PHUONG NGUYEN**

FFS

**Insurance:** PA Medicaid & private  
Philadelphia, PA & NY

**Phone:** 215-590-1527

**Website:** <https://www.md.com/doctor/phuong-d-nguyen-md>

**DR. CHRISTINE MCGINN**

Chest, genital, FFS, tracheal shave. Electrolysis, hormone therapy, counseling services, voice therapy, fertility services, and nutrition services.

**Does not accept Insurance**

New Hope, PA

**Phone:** 215.693.1199

papilloncenter@gmail.com

**Website:** [www.drchristinemcginn.com](http://www.drchristinemcginn.com)

**DR. KATELYN BEGGS**

Mainline Health LGBTQ Inclusive Care  
Bryn Mawr, PA

**Phone:** 484-337-5250

**Website:** <https://www.mainlinehealth.org/find-a-doctor/katelyn-m-beggs>

**DR. KATHERINE ROSE**

Mainline Health LGBTQ Inclusive Care  
Bryn Mawr, PA

**Phone:** 484-337-5250

**Website:** <https://www.mainlinehealth.org/find-a-doctor/katherine-rose>

**DR. IVONA PERCEC**

Chest surgery

**Insurance:** PA Medicaid & commercial  
Philadelphia, PA

**Phone:** 800-789-7366

**Website:** <https://www.pennmedicine.org/providers/profile/ivona-percec>



**DR. SCOTT RICHARD**

Hysterectomy

**Insurance:** PA Medicaid & Commercial  
Philadelphia, PA & Phoenixville, PA

**Phone:** 215-955-6200

**Website:** <https://hospitals.jefferson.edu/find-a-doctor/r/richard-scott-d.html>

**DR. JEREMY SINKIN**

Rutgers RWJ Gender Affirming Surgery  
125 Paterson St, Suite 4100  
New Brunswick, NJ

**Phone:** 732-235-7863

**Website:** <https://www.rwjbh.org/doctors/jeremy-c-sinkin-md/>

**DR. JULIA SPEARS**

Chest Surgery, FFS, Consultation for Silicone Removal

**Insurance:** Commercial plans only  
Marlton, NJ

**Phone:** 856-345-2240

**Website:** <https://www.metropolitanplastics.com/index.php>

**DR. JESSE TAYLOR**

FFS, Facial Contouring

**Insurance:** PA Medicaid & Commercial  
Perelman Center for Advanced Medicine  
Philadelphia, PA

**Phone:** 215-590-2208

**Website:** <https://www.med.upenn.edu/apps/faculty/index.php/g275/p8408486>

**DR. JACOB BABER**

Geisinger Urology  
Wilkes Barre, PA

**Phone:** 800-275-6401

<https://providers.geisinger.org/provider/Jacob+Adam+Baber/776042>

**DR. SAMINA WAHHAB**

Chest surgery

**Insurance:** Inquire  
Allentown, PA

**Phone:** 610-770-7676

**Website:** <http://drwahhab.com/>



**DR. SHERMAN LEIS**

Chest surgery, genital surgery, FFS, tracheal shave, buttock enhancement and reduction.

**Insurance:** Not contracted with insurance

Philadelphia Center for Transgender Surgery

19 Montgomery Ave.

Bala Cynwyd, PA 19004

**Phone:** 610-667-1888 DrShermanLeis@DrShermanLeis.com

**Website:** [www.TheTransgenderCenter.com](http://www.TheTransgenderCenter.com)

**DR. BEVERLY FISCHER**

**Does not accept insurance**

Lutherville-Timonium, MD

**Phone:** 410-308-4700

**Website:** <https://www.beverlyfischer.net/>

**JOHNS HOPKINS CENTER FOR TRANSGENDER HEALTH**

Baltimore, MD

**Phone:** 844-546-5645

**Website:** <https://www.hopkinsmedicine.org/center-transgender-health/services-appointments/surgical-services.html>

**DR. EDWARD LEE**

**Insurance:** NJ Medicaid

Rutgers Center for Transgender Health

Newark, NJ

**Phone:** 973-972-1129

**Website:** [https://njms.rutgers.edu/centers\\_institutes/trans\\_health/services.php](https://njms.rutgers.edu/centers_institutes/trans_health/services.php)

**DR. RONALD KRINER**

**Insurance:** PA Medicaid

Grandview Health

Locations in Sellersville, Pottstown, Quakertown

**Phone:** 215-536-3200

**Website:** <https://www.gvh.org/provider/ronald-kriner-do/>



**DR. PETER VASQUEZ**

**Insurance:** PA Medicaid

Penn Medicine

Philadelphia, PA

**Phone:** 215-662-6035

**Website:** <https://www.med.upenn.edu/apps/faculty/index.php/g275/p8199088>

**DR. BELLA AVANESSIAN & DR. JESS TING**

Mount Sinai Center for Transgender Medicine & Surgery

New York

**Phone:** 212-870-8270

**Website:** <https://www.mountsinai.org/locations/center-transgender-medicine-surgery>



## Alternative Therapies & Gyms

### **ALEXANDER JAMIESON**

Advanced Chiropractic  
1518 Walnut St, Suite 1206  
Philadelphia, PA 19102  
**Phone:** 215-545-5117  
**Email:** [phillychiroadvanced@gmail.com](mailto:phillychiroadvanced@gmail.com)

### **ALEXANDRA BERTUCCI PT, DPT, PPRPC, AASECT CSC**

Physical Therapist and Sex Counselor  
**Phone:** 267-702-4828  
**Website:** [pelvicfloorsexcounseling@gmail.com](mailto:pelvicfloorsexcounseling@gmail.com)  
**Website:** <https://www.conciergeortho.co/team/alexandra-bertucci%2C-pt%2C-dpt%2C-prpc%2C-aasect-csc>

### **MOLLY KELLOGG, RD, LCSW**

Nutrition services by a registered dietician and licensed nutritionist.  
520 Carpenter Lane, #3H  
**Phone:** 215-843-8258  
**Email:** [molly@mollykellogg.com](mailto:molly@mollykellogg.com)  
**Website:** [www.mollykellogg.com](http://www.mollykellogg.com)

### **OPTIMAL SPORT 1315 – GYM**

1315 Walnut Street  
Philadelphia, PA & South Jersey locations  
Locker room is transwomen and transmen friendly.  
**Phone:** 215-735-1114  
**Website:** <http://www.optimalgym.com/>

### **SOUTH PHILLY ACUPUNCTURE**

1532 E. Passyunk Ave.  
Philadelphia, PA 19147  
**Phone:** 215-279-3932  
**Website:** <https://www.southphillyacupuncture.com/>

### **STUDIO 34**

Yoga studio that offers a trans and queer class on Saturdays from 2:00PM to 3:15PM.  
4522 Baltimore Ave. Philadelphia, PA 19143  
**Phone:** 215-387-3434  
**Website:** <http://studio34yoga.com/>





### **PHILADELPHIA COMMUNITY ACUPUNCTURE**

Provides acupuncture in a comfortable group setting. Sliding scale rates from \$20 - \$40. Online scheduling available.

602 Carpenter Lane 2<sup>nd</sup> Floor

Philadelphia, PA 19119

**Phone:** 215-844-2774

**Website:** [www.phillyacupuncture.com](http://www.phillyacupuncture.com)

## **Hair Removal**

### **TRANSCEND ELECTROLYSIS**

Trans owned and operated, long history of working with transgender individuals. Provides electrolysis services.

1315 Walnut St. Suite 717

Philadelphia, PA 19107

**Phone:** 267-225-7275

**Website:** [www.transcendelectrolysis.com/](http://www.transcendelectrolysis.com/)

### **DEPARTMENT OF DERMATOLOGY AT UPENN**

Laser hair removal services. Very supportive of the trans and intersex communities.

3400 Civic Center Blvd Suite 1-330S

Philadelphia, PA 19104

**Phone:** 215-662-2737

**Website:** [www.pennmedicine.org/for-patients-and-visitors/find-a-program-or-service/dermatology](http://www.pennmedicine.org/for-patients-and-visitors/find-a-program-or-service/dermatology)

### **METRO LASER**

Laser hair removal services. Very supportive of the trans and intersex communities.

1216 Arch St, Suite 3B

Philadelphia, PA

**Phone:** 215-735-2737

**Website:** <https://www.metrolaserphilly.com/>



## Salons

### **ANDRÉ RICHARD SALON**

Trans friendly with 3 levels of payments options.  
Provides haircuts, hair color, makeup, and eyebrows.  
30 Chestnut St  
Philadelphia, PA 19106  
**Phone:** 646-437- 8695

### **LOTUS PHILADELPHIA ESTHETIC CENTER**

Trans friendly full service salon offering a wide range of services  
Manicures, pedicures, waxing, hair and spa services  
1240 South St.  
Philadelphia, PA 19147  
**Phone:** 267-886-9017

## Voice Therapy

### **PENN CENTER FOR VOICE AT PENNSYLVANIA HOSPITAL**

Treatment includes voice therapy and phonosurgery, including thyroplasty.  
Dr. Natasha Mirza  
**Phone:** 800-789-7366

**Website:** [www.pennmedicine.org/for-patients-and-visitors/find-a-program-or-service/ear-nose-andthroat/voice-speech-and-swallowing](http://www.pennmedicine.org/for-patients-and-visitors/find-a-program-or-service/ear-nose-andthroat/voice-speech-and-swallowing)

### **SALUS UNIVERSITY SPEECH-LANGUAGE INSTITUTE**

Offers “Raise Your Voice”, a support group addressing transgender voice and communication skills. Individual voice therapy is provided based on availability.

8380 Old York Rd. #2100  
Elkins Park, PA 19027

**Phone:** 215-780-3150

**Website:** <https://www.salusuhealth.com/Speech-Language-Institute/News/News-Stories/Raise-Your-Voice-Facilitating-Transgender-Voice.aspx>



### **TEMPLE SPEECH-LANGUAGE-HEARING CENTER**

Clients of all ages with any type of voice disorder are seen in this clinic for evaluation and treatment. The Center is a free clinic.

110 Weiss Hall

13th and Cecil B. Moore Ave

Philadelphia, PA 19122

**Phone:** 215-204-4482

**Website:** [www.cph.temple.edu/commsci/centers/tu-speech-language-hearing-center](http://www.cph.temple.edu/commsci/centers/tu-speech-language-hearing-center)

### **NEW YORK SPEECH AND VOICE LAB**

Online sessions available.

150 Broadway, Suite 1708

New York, NY 10038

**Phone:** 347-677-3619

**Website:** [www.speechvoicelab.com](http://www.speechvoicelab.com)

## Sexuality and Safe(r) Sex

### **TRANS SEX ZINE**

Trans Sex Zine is a collaborative, ongoing sex ed project by and for trans and gnc folks that tells stories of sex, bodies, & desire. We think trans ppl of every age, identity, attraction, and relationship status are experts of our own experience and have valuable things to share with each other.

**Website:** <https://transsexzine.com/>

### **F\*KING TRANS WOMEN**

FTW is a zine by trans women, about the sex lives of trans women. It is an educational and instructional tool as much as it is a creative exploration of how we have sex.

**Website:** <http://fuckingtranswomen.org/>

**Website:** Kindle edition: [https://www.amazon.com/Fucking-Trans-Women-FTW1/dp/1492128937/ref=sr\\_1\\_1?ie=UTF8&qid=1550854898&sr=8-1&keywords=fucking+trans+women](https://www.amazon.com/Fucking-Trans-Women-FTW1/dp/1492128937/ref=sr_1_1?ie=UTF8&qid=1550854898&sr=8-1&keywords=fucking+trans+women)

### **SAFER SEX FOR TRANS BODIES**

Safer sex zine created by Whitman-Walker Health and the Human Rights Campaign.

**Website:** [http://assets2.hrc.org/files/assets/resources/Trans\\_Safer\\_Sex\\_Guide\\_FINAL.pdf](http://assets2.hrc.org/files/assets/resources/Trans_Safer_Sex_Guide_FINAL.pdf)



## Body Modification

### **SPIRITED TATTOOING COALITION**

QTPOC owned and operated. Spirited Tattooing Coalition set out to adopt a creative and respectful space that makes all of its patrons feel positive, supported and free. A safe space for people to express themselves.

4918 Baltimore Ave

Philadelphia, PA 19143

**Phone:** 267-634-6723

**Website:** <http://www.spiritedtattoo.com>

### **BODY GRAPHICS**

Shares many artists with No Ka Oi Tiki Tattoo

627 S. 4th St.

Philadelphia, PA 19147

**Phone:** 215-923-5834

**Website:** [www.bodygraphics.com](http://www.bodygraphics.com)

### **INFINITE BODY PIERCING**

Trans-friendly and experienced. Can drop in for a consult, jewelry or piercing, Visit website or call for policies, questions, prices, or hours.

626 S. 4th St.

Philadelphia, PA 19147

**Phone:** 215-923-7335

**Email:** james@infinitebody.com

**Website:** [www.infinitebody.com](http://www.infinitebody.com)

### **NO KA OI TIKI TATTOO & PIERCING**

Trans-friendly and experienced.

610 S. 4th St.

Philadelphia, PA 19147

**Phone:** 267-925-1766

**Website:** [www.nokaoitikitattoo.com](http://www.nokaoitikitattoo.com)



### **SAULER INSTITUTE OF TATTOOING**

Sauler Institute of Tattooing provides cosmetic and medical tattooing services including scar camouflage, 3D nipple tattooing after gender affirming surgery, and medical conditions. Works with a broad range of ages, skin types, gender identities, and medical conditions. Can use insurance for breast cancer. Apply to be a model for \$50. More info on website.

PA, NJ & NY

**Phone:** 484-883-6827

**Email:** [info@saulerinstitute.com](mailto:info@saulerinstitute.com)

**Website:** [www.Saulerinstitute.com](http://www.Saulerinstitute.com)

## **Bookstores & Libraries**

### **THE CRITICAL PATH LEARNING CENTER**

An expansion of the AIDS Library and the Critical Path Project. Has a large collection of trans-related books, articles, media & DVDs.

1233 Locust St, 2<sup>nd</sup> fl

Philadelphia, PA 19107

**Phone:** 215.985.4418 ext. 140

**Website:** <https://critpath.org>

### **LGBT ARCHIVES AT WILLIAM WAY**

Building is currently undergoing renovations. Physical archives not available while this is ongoing but you can email below for digital access to archives.

1315 Spruce St.

Philadelphia, PA 19107

**Phone:** 215-732-2220

**Email:** [archives@waygay.org](mailto:archives@waygay.org)

**Website:** [www.waygay.org/archives](http://www.waygay.org/archives)

### **LGBT CENTER LIBRARY AT UPENN**

The Center maintains a large collection of books, videos, DVDs, and periodicals written for and about sexual and gender minorities. You do not have to be a student to use this resource.

3907 Spruce St.

Philadelphia, PA 19104

**Phone:** 215-898-5044

**Website:** <https://www.librarycat.org/lib/PennLGBTC>



### **WOODEN SHOE BOOKS**

Anarchist and radical literature. Can special order books if requested. Offers public computers with internet access.

704 South St.

Philadelphia, PA 19147

**Phone:** 215-413-0999

**Website:** [www.woodenshoebooks.org](http://www.woodenshoebooks.org)

### **PHILLY AIDS THRIFT @ GIOVANNI'S ROOM**

Sells LGBTQ books—both new and used—as well as clothing, housewares and art.

345 S. 12<sup>th</sup> St.

Philadelphia, PA 19107

**Phone:** [215 923-2960](tel:2159232960)

**Email:** [info@queerbooks.com](mailto:info@queerbooks.com)

**Website:** <https://www.queerbooks.com>

## **Clothing & Accessories**

### **FLAVNT**

FLAVNT Streetwear is an Austin-based independent clothing brand for everyone within and anyone who supports the LGBTQ+ community. We are a brand by queer people for queer people. We don't believe in men's or women's clothing, we just make clothes that promote self-confidence and self-love.

**Website:** [Website: https://www.flavnt.com/](https://www.flavnt.com/)

### **BIG BROTHER BINDER PROGRAM**

Designed for those who cannot afford to purchase a binder, this program provides low-cost binders that are used but in good condition.

**Website:** [www.thetransitionalmale.com](http://www.thetransitionalmale.com)

### **IN A BIND**

In a BIND is a project of TransActive's Community Education Program. They collect pre-owned chest binders from guys who don't need them anymore and donate them to trans-masculine youth in need.

**Website:** <http://www.transactiveonline.org/inabind>

### **GC2B TRANSITIONAL APPAREL**

Popular company through which to order binders.

**Website:** [www.gc2b.co/](http://www.gc2b.co/)



### **ORIGAMI CUSTOMS**

Non-binary and queer owned and operated. Customized and handmade line of swimwear, lingerie, and gender affirming accessories for people of all genders.

**Website:** <https://origamicustoms.com/>

### **DAPPER BOI**

Gender-neutral and size-inclusive apparel line

**Website:** <https://www.dapperboi.com/>

### **REBIRTH GARMENTS**

Rebirth Garment's mission is to create gender non-conforming wearables and accessories for people on the full spectrum of gender, size and ability. The line creates a community where all people can confidently express their individuality and identity. Our identity is that of QueerCrip, a politicized umbrella term that encompasses queer, gender nonconforming identities, visible and invisible disabilities/ disorders—physical, mental, developmental, emotional ect. In particular, our trans and disabled communities have very particular clothing needs that are not adequately served by mainstream clothing designers. Instead of being centered on cisgender, heterosexual, white, thin people, Rebirth Garments is centered on QueerCrip people.

**Website:** [www.rebirthgarments.com](http://www.rebirthgarments.com)

**Website:** [etsy.com/shop/RebirthGarments](https://etsy.com/shop/RebirthGarments)

### **TUCK BUDDIES**

Comfortable tucking underwear option for trans kids, youth, and adults.

**Website:** <https://www.etsy.com/shop/TuckBuddies?ref=l2-shopheader-name>

### **FTM ESSENTIALS**

Online selection of binders and prosthetics.

**Website:** <https://www.ftmessentials.com/>

### **BRAYOLA**

Large online bra selection.

**Website:** <https://brayola.com>



**THE BREAST FORM STORE**

Large online selection of breast forms, undergarments, and accessories.

**Website:** <https://www.thebreastformstore.com/>

**BUFFALO EXCHANGE**

Second-hand and vintage clothes, shoes, hats, bags, jewelry. Gender-neutral fitting rooms.

1713 Chestnut St.

Philadelphia, PA 19103

**Phone:** 215-557-9850

**Website:** [www.buffaloexchange.com](http://www.buffaloexchange.com)

**CLASSIC PLUS SIZE JEWELRY**

Online store that specializes in larger-sized fine jewelry. Call for information, help with sizes or selection.

**Phone:** 215-943-9090

**Email:** [classicplus2001@verizon.net](mailto:classicplus2001@verizon.net)

**Website:** [www.classicplussizejewelry.com](http://www.classicplussizejewelry.com)

**PHILLY AIDS THRIFT**

Discounted used clothing, furniture, electronics, and other interesting items.

710 S. 5th St.

Philadelphia, 19147

**Phone:** 215-922-3186

[phillyaidsthift@aol.com](mailto:phillyaidsthift@aol.com)

<https://phillyaidsthift.com>

**SEPHORA COSMETICS**

1714 Chestnut St.

Philadelphia, PA 19103

**Phone:** 215-563-6112

**TRANSKIDS**

TransKids is a space dedicated to providing young folks with gender expression gear and resources.

**Phone:** 773-271-1291

**Email:** [transkidsbiz@gmail.com](mailto:transkidsbiz@gmail.com)

**Website:** <https://transkids.biz>



**MAC COSMETICS**

Can make an appointment for a private consultation/application session.

1300 Market St.

Philadelphia, PA 19107

**Phone:** 215-241-1199

**OLD NAVY**

Non-gendered fitting rooms. Clothes in many sizes.

1851 S. Columbus Blvd

Philadelphia, PA

**Phone:** 215-586-3107

**PASSIONAL BOUTIQUE**

Selection of corsets, costumes, kilts and fashions sizes XS-8XL. Online selection of prosthetics, tucking underwear, and binders.

317 South St

Philadelphia, PA 19147

**Phone:** 215-829-4986

**Email:** [passionalstaff@gmail.com](mailto:passionalstaff@gmail.com)

**Website:** <http://www.passionalboutique.com/gender-expression>

**MORE RESOURCES ONLINE AT TRANSGENDER PULSE**

**Website:** <https://www.transgenderpulse.com/shopping-links/>



## Faith & Spirituality

### **ARCH STREET UNITED METHODIST CHURCH**

Welcomes people of all racial backgrounds, gender, sexual orientation or gender identity.

55 North Broad Street  
Philadelphia, PA 19107

**Phone:** 215-568-6250

**Website:** <https://archstreetumc.org/>

### **CENTRAL BAPTIST CHURCH**

LGBT affirming congregation in American Baptist tradition. Rainbow Alliance mission group that explores gender diversity within a theological and biblical framework.

106 West Lancaster Ave.

Wayne, PA 19087

**Phone:** 610-688-0664

**Website:** [www.cbcwayne.org](http://www.cbcwayne.org)

### **CONGREGATION RODEPH SHALOM**

Our vision is to awaken our human spirit to the possibilities within and between us. We welcome all who come to explore or deepen their connection to Judaism and God. We find strength in our diversity of perspective, age, gender identity and expression, ethnicity, sexual orientation, family constellation, and socio-economic background.

615 N. Broad St.

Philadelphia, PA 19123

**Phone:** 215-617-6747

**Email:** [info@rodephshalom.org](mailto:info@rodephshalom.org)

**Website:** [www.rodephshalom.org](http://www.rodephshalom.org)

### **DIGNITY PHILADELPHIA**

A caring, supportive community of LGBT Catholic, along with family, friends, and allies. Liturgy each Sunday at 7PM.

330 S. 13th St.

Philadelphia, PA 19107

**Phone:** 215.546.2093

**Email:** DignityPhila@aol.com

**Website:** [www.dignityphila.org](http://www.dignityphila.org)



### **FIRST UNITARIAN CHURCH**

An intentionally diverse UU congregation, welcoming and affirming.

2125 Chestnut St.

Philadelphia, PA 19103

**Phone:** 215-563-3980

**Email:** [info@philauu.org](mailto:info@philauu.org)

**Website:** [www.philauu.org](http://www.philauu.org)

### **METROPOLITAN COMMUNITY CHURCH OF PHILADELPHIA**

LGBT inclusive congregation that seeks to help congregants nurture love in themselves, grow spiritually in Christ & engage in sharing hope with LGBT communities & beyond. Service Sundays at 11 a.m.

3637 Chestnut St.

Philadelphia, PA 19104

**Phone:** 215.873.5719

**Email:** [mccphila@aol.com](mailto:mccphila@aol.com)

**Website:** [www.whosoevermccp.com](http://www.whosoevermccp.com)

### **MISHKAN SHALOM**

Mishkan Shalom is a spiritual, progressive, and inclusive Reconstructionist Synagogue located in Philadelphia.

4101 Freeland Ave

Philadelphia, PA 19128

**Phone:** 215-508-0226

**Website:** [www.mishkan.org](http://www.mishkan.org)

### **TABERNACLE UNITED CHURCH**

A light, open, and affirming congregation that encourages the full participation of LGBT individuals in the body of Christ. Worship is Sundays at 10AM (In person and on zoom) Contact for zoom links.

3700 Chestnut St.

Philadelphia, PA 19104

**Phone:** 215-386-4100

**Website:** [www.tabunited.org](http://www.tabunited.org)



# Housing

## **SHELTERS**

At this time, homeless services are heavily gender segregated. Philadelphia does, however, have the Fair Practices Ordinance, which mandates that individuals accessing shelter services have the right to be housed in a facility with the gender that they identify as. Ultimately you are your own best advocate in this process and the providers listed below can help you navigate the system. We have included the following agencies, which have demonstrated LGBTQ competence:

### **24-Hour Homeless Outreach Hotline:**

**Phone:** 215-232-1984

**Phone:** 877-222-1984

### **COVENANT HOUSE PA**

Services to young adults ages 18-24 including a 51 bed shelter, transitional living and independent living apartments.

31 E. Armat St.

Philadelphia, Pa 19144

**Phone:** 215-951-5411

### **OFFICE OF SUPPORTIVE HOUSING (OSH)**

Single women and women with children can go to:

Apple Tree Family Center 1430

Cherry St.

Philadelphia, PA 19107

**Phone:** 215-686-7150

Emergency housing for single women and women with children can go to:

Salvation Army

Eliza Shirley House

1320 Arch St.

Philadelphia, PA 19107

**Phone:** 215-568-5111

### **OUR BROTHER'S PLACE (A PROGRAM OF BETHESDA PROJECT)**

Services to men, however many transwomen have reported that this facility is safe and that they have received good services through this program.

907 Hamilton St.

Philadelphia, PA 19123

**Phone:** 215-985-1600



**PROJECT H.O.M.E**

Office hours: Monday - Friday 8AM - 4PM

1515 Fairmont Ave

Philadelphia, PA 19130

**Phone:** 215-232-7272

[www.projecthome.org](http://www.projecthome.org)

**MORRIS HOME**

Supports trans and gender variant individuals as they develop the knowledge, skills and supports necessary to promote sobriety, manage emotional and behavioral difficulties, choose and maintain safe and healthy lifestyles, and develop healthy relationships.

5037 Woodland Ave

Philadelphia, PA 19143

**Phone:** 215-729-3045

[www.rhd.org/morrishome](http://www.rhd.org/morrishome)



## Legal & Advocacy

### **KRISTINE HOLT, ESQ**

Areas of practice include: family law, name change, personal bankruptcy, civil rights, discrimination, and employment law.

1518 Walnut Street

Philadelphia, PA 19102

215-545-7789 or

Berlin, NJ

856-599-5555

[www.jenkinslaw.org](http://www.jenkinslaw.org)

### **JERNER & PALMER, P.C.**

Expertise includes name change, family law, reproductive technology law and second parent adoption.

Offices in Philadelphia & Marlton, NJ

215-843-6000 or 856-817-6030

[www.jplaw.com](http://www.jplaw.com)

### **WILLIAM SINGER, ESQ.**

2230 ROUTE 206

Belle Mead, NJ. 08502

908.359.7873

[Wsinger@singerfedun.com](mailto:Wsinger@singerfedun.com)

[www.singerfedun.com/](http://www.singerfedun.com/)

### **OFFICE OF LGBT AFFAIRS FOR THE CITY OF PHILADELPHIA**

The Office of LGBT Affairs works to foster equal working and living conditions for lesbian, gay, bisexual, transgender, and queer (LGBTQ) people and to advocate for LGBTQ issues in all areas of City government. Created in 2008 by mayoral executive order, the Office of LGBT Affairs became a permanent part of the City's charter in 2015.

City Hall

Room 110

Philadelphia, PA 19107

215-686-0330



## National Transgender Conferences

Dates and locations subject to change. Some conferences may be virtual or suspended based on current public health concerns. Please check conference websites for more information.

Conference	Location	Conference Date
<u>First Event</u>	Marlboro, MA	January
<u>GEMS (Gender Education Demystification Symposium)</u>	Salt Lake City, UT	February
<u>TRANSforming Gender Conference</u>	Boulder, CO	March
<u>Keystone Conference</u>	Harrisburg, PA	March
<u>TransCon Miami</u>	Miami, FL	March
<u>New Jersey Trans Youth Forum</u>	Princeton, NJ	March
<u>South Bay Trans Day Of Visibility</u>	San Jose, CA	March
<u>Black Trans Advocacy Conference</u>	Dallas, TX	April
<u>Transgender Lives: The Intersection of Health and Law Conference</u>	Farmington, CT	April



<u>Philadelphia Trans Wellness Conference</u>	Philadelphia, PA	July
<u>Transgender Faith and Action Network Retreat</u>	Charlotte, NC	August
<u>TransOhio Trans and Ally Symposium</u>	Columbus, OH	September
<u>Southern Comfort Conference</u>	Ft. Lauderdale, FL	September
<u>Gender Infinity</u>	Houston, TX	September
<u>Paradise Conference</u>	Atlanta, GA	October
<u>Translating Identity Conference</u>	Burlington, VT	October
<u>Fantasia Fair</u>	Provincetown, MA	October
<u>Virginia TIES</u>	Richmond, VA	October
<u>Genderevolution</u>	Salt Lake City, UT	November
<u>Transgender Spectrum Conference</u>	St. Louis, MO	November





## Parent Resources

### **CAMP ARANU'TIQ**

Provide transgender and gender-variant youth with a safe, fun, and unique camp experience during which they are able to express gender however they are comfortable and connect with others in similar situations. For new campers ages 8-13 and returning campers up to age 15.

**Phone:** 781-400-1617

**Website:** [www.camparanutiq.org](http://www.camparanutiq.org)

### **PARENTS AND FRIENDS OF LESBIANS AND GAYS, TRANSGENDER NETWORK**

Resources for how to navigate and support your child during the coming out process. Information on local events and supports. Links to trans-supportive organizations. Online brochures and reading materials.

**National:**

**Website:** [www.pflag.org](http://www.pflag.org)

Bucks, Lehigh, Northampton, Monroe and Berks:

**Website:** [www.epapflag.org](http://www.epapflag.org)

Philadelphia:

**Website:** [www.pflagphila.org](http://www.pflagphila.org)

**Phone:** 215-572-1833

**Email:** [pflagphila@yahoo.com](mailto:pflagphila@yahoo.com)

**Mailing address:** PFLAG Philadelphia, PO Box 15711, Philadelphia, PA 19103

### **PHILADELPHIA FAMILY PRIDE**

Resource page for trans\* youth and their family and friends. Offers advocacy, education and family centered events for parents and their children.

**Email:** [info@philadelphiafamilypride.org](mailto:info@philadelphiafamilypride.org)

**Website:** [www.phillyfamilypride.org](http://www.phillyfamilypride.org)

### **TRANS YOUTH FAMILY ADVOCATES (TYFA)**

TYFA empowers children and families by collaborating with educators, service providers, and communities, to develop supportive environments in which gender may be expressed and respected.

**Phone:** 888.462.8932

**Email:** [info@imatyfa.org](mailto:info@imatyfa.org)

**Website:** [www.imatyfa.org](http://www.imatyfa.org)



### **GENDER SPECTRUM**

Gender Spectrum provides education, training and support to help create a gender sensitive and inclusive environment for all children and teens.

**Phone:** 510.788.4412

**Email:** [info@genderspectrum.org](mailto:info@genderspectrum.org)

**Website:** [www.genderspectrum.org](http://www.genderspectrum.org)

## **Additional Miscellaneous Resources**

### **TRANS STUDENT EDUCATIONAL RESOURCES**

Trans Student Educational Resources is a youth-led organization dedicated to transforming the educational environment for trans and gender nonconforming students through advocacy and empowerment. In addition to our focus on creating a more trans-friendly education system, our mission is to educate the public and teach trans activists how to be effective organizers. We believe that justice for trans and gender nonconforming youth is contingent on an intersectional framework of activism. Ending oppression is a long-term process that can only be achieved through collaborative action.

**Website:** [www.transstudent.org/](http://www.transstudent.org/)

### **FTMINTERNATIONAL**

Provides connection and community to the Female to Male community worldwide. Events include chapter meetings, film screenings, author readings, guest speaker events, creative performances, marches, and educational conferences where we share our experiences and empower our members to be leaders.

**Website:** [www.ftmi.org/](http://www.ftmi.org/)

### **SYLVIA RIVERA LAW PROJECT**

Works to guarantee that all people are free to self-determine their gender identity and expression, regardless of income or race, and without facing harassment, discrimination, or violence.

**Website:** [www.srlp.org](http://www.srlp.org)



**LAMBDA LEGAL’S BENDING THE MOLD: AN ACTION KIT FOR TRANSGENDER\* STUDENTS**

This kit is designed to help make schools a safer place. Includes ideas and information to advocate for change, as well as an extensive list of resources.

**Website:** [www.lambdalegal.org/publications/bending-the-mold/order-bending-the-mold.html](http://www.lambdalegal.org/publications/bending-the-mold/order-bending-the-mold.html)

***Trans Bodies, Trans Selves***

*Trans Bodies, Trans Selves* is a revolutionary resource—a comprehensive, reader-friendly guide for transgender people, with each chapter written by transgender or genderqueer authors.

**Website:** [www.transbodies.com/](http://www.transbodies.com/)



## Youth Resources

### HOTLINES

#### **COVENANT HOUSE 24 HOUR HOMELESS & RUNAWAY ADOLESCENT CRISIS LINE (NINE LINE)**

24-hour, toll free, crisis hotline, which provided crisis intervention, referral and information services to adolescents' ages 18-22 years.

**Phone:** 800-999-9999

#### **RUNAWAY YOUTH HOTLINE**

Toll free, crisis hotline that provides crisis intervention, referral and information services

**Phone:** 800-RUNAWAY (1-800-786-2929) **(24/7)**

**Chatline:** [www.1800runaway.org/#](http://www.1800runaway.org/#)

#### **TREVOR PROJECT LIFE LINE**

Provides crisis intervention and suicide preventions to LGBTQ youth ages 13-24 years old.

**Phone:** 866-488-7386

### HOMELESS RESOURCES

#### **ACHIEVING INDEPENDENCE CENTER (AIC)**

One stop shopping services for youth ages 14-21 years old that have been in DHS custody at some point after turning 14. AIC offers education, job training, employment, housing referrals and job skills training.

1415 North Broad Street

Suite 100

Philadelphia, PA 19122

**Phone:** 215-574-9194

#### **COVENANT HOUSE**

Offers emergency shelter, outreach, education, and vocation assistance, as well as transitional living to runaway and homeless youth ages 18-22 years old. Crisis Center/Shelter:

31 E. Armat St.

Philadelphia, PA 19144

**Phone:** 215-951-5411



### **VALLEY YOUTH HOUSE: PRIDE PROGRAM**

Must be 18-23 years old, homeless or near homeless and identify as LGBTQ.

1500 Sansom Street, Suite 300A

Philadelphia, PA 19102

**Phone:** 215.925-3180

### **YOUTH EMERGENCY SERVICES (YES)**

Emergency shelter for homeless and runaway youth ages 12-17.

1526 Fairmount Ave.

Philadelphia, PA 19130

**Phone:** 215.787.0633

**Hotline:** 1.800.371.SAFE

### **YOUTH SERVING AGENCIES & SERVICES**

#### **ATTIC YOUTH CENTER**

The Attic Youth Center creates opportunities for LGBTQ+ youth (ages 13-23) to develop into healthy, independent, civic-minded adults within a safe and supportive community. All services are free.

255 S. 16th St.

Philadelphia, PA. 19102

**Phone:** 215-545-4331

**Email:** [info@atticyouthcenter.org](mailto:info@atticyouthcenter.org)

**Website:** [www.atticyouthcenter.org](http://www.atticyouthcenter.org)

#### **HITOPS NJ**

HiTOPS groups create a safe space for LGBTQ+ youth to meet, socialize, offer and provide support, and participate in educational activities regarding healthy relationships, gender and sexuality, and more! We offer three distinct weekly support groups for young people of varying ages and identities: TConnect., First & Third, and Banner (Middle School).

300 Witherspoon St, Suite 204

Princeton, NJ 08542

**Phone:** 609-683-5155

**Email:** [Dvecchio@hitops.org](mailto:Dvecchio@hitops.org)

**Website:** [www.hitops.org/youth/lgbtq-support-group/](http://www.hitops.org/youth/lgbtq-support-group/)



### **JUVENILE LAW CENTER**

Juvenile Law Center fights for rights, dignity, equity, and opportunity for youth. We work to reduce the harm of the child welfare and justice systems, limit their reach, and ultimately abolish them so all young people can thrive.

1800 JFK Blvd, Suite #1900B

Philadelphia, PA 19103

**Phone:** 215-625-0551

**Hotline:** 1.800-875-8887

**Website:** [www.jlc.org](http://www.jlc.org)

### **MAINLINE YOUTH ALLIANCE (MYA)**

MYA provides a safe and healthy environment for their glbtq youth. MYA meets each Friday evening from 7-9:30 pm. There is no charge for admission and like any group, where teens gather, snacks are served.

106 W. Lancaster Ave

Wayne, PA 19087

**Website:** [www.myaonline.org](http://www.myaonline.org)

### **TREVOR SPACE**

TrevorSpace is an affirming international community for LGBTQ young people ages 13-24 to connect and make friends.

**Website:** [www.trevorspace.org/](http://www.trevorspace.org/)

### **Y-HEP ADOLESCENT AND YOUNG ADULT HEALTH CENTER (PHILADELPHIA FIGHT)**

The Y-HEP Health Center offers an inclusive, trauma-informed, gender affirming approach to healthcare for adolescents and young adults (ages 13-24), providing access to comprehensive primary care, sexual and reproductive health services, integrated behavioral health, PrEP (Pre-Exposure Prophylaxis for HIV), and other relevant social services that aim to address the social determinants of health.

1207 Chestnut Street, 5th

Floor, Philadelphia, PA 19107

**Phone:** 215.344.1632

**Website:** [www.fight.org/programs/y-hep-health-center/](http://www.fight.org/programs/y-hep-health-center/)