



# Philadelphia Trans Resource Guide



Updated 2019



Dear Community Members,

We are pleased to bring you the Philadelphia Trans Resource Guide, a publication of Mazzoni Center's Gender Affirming Services Program. We strive to locate trans friendly and gender affirming services in the Philadelphia region for our clients and we hope that this collection of resources will be useful for you on your journey.

We welcome feedback on this guide and hope that as you come across providers who are friendly and accessible that you will share that information with us so we can add it to this community guide. This is a dynamic document, always being amended and changed. Please also let us know if you find out of date information so that we can correct it as needed.

Looking forward to continued service to our community, we hope you will contact us if you don't see the information that you need here. We are more than happy to speak with you about your needs and we will strive to assist you in locating services and resources that meet your needs. Similarly, if you have questions about Mazzoni's Gender Affirming Services Program and services, please feel free to be in touch.

Sincerely,

*Mazzoni Center's Gender Affirming Services Program*

Contact Information:

Mazzoni Center's Gender Affirming Services Program

1348 Bainbridge Street

Philadelphia, PA 19147

215.563.0652 ext. 418

[www.mazzonicenter.org](http://www.mazzonicenter.org)

[transcare@mazzonicenter.org](mailto:transcare@mazzonicenter.org)



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## Philadelphia Agencies & Services

### **Attic Youth Center**

The Attic Youth Center creates opportunities for LGBTQ youth (ages 13-23) to develop into healthy, independent, civic-minded adults within a safe and interactive community. Offers free counseling and groups. Program calendar available online: [www.atticyouthcenter.org/calendar](http://www.atticyouthcenter.org/calendar)

255 S. 16th St.  
Philadelphia, PA 19102  
215.545.4331  
info@atticyouthcenter.org  
[www.atticyouthcenter.org](http://www.atticyouthcenter.org)

### **Bebashi**

As the second-oldest AIDS service organization in the Philadelphia region, Bebashi was the first African-American organization in the United States to address the AIDS crisis. It remains one of Philadelphia's largest community-based minority providers of HIV/AIDS education and services for the urban community. Bebashi operates Club 1509 for the LGBTQAI community to assist participants in accessing PrEP education, healthcare and treatment by linking them to resources and services. The Trans Necessities Closet, part of Club 1509, offers clothing, wigs, prosthetics, binders and other necessities, along with health information, referrals, and resources for trans-affirming care. Additionally, Bebashi operates the HYPE program, which offers a ballroom initiative that creates skills and knowledge around risk reduction like PrEP, testing and STD/STI prevention education.

1235 Spring Garden St.  
Philadelphia, PA 19123  
215.769.3561  
[www.bebashi.org](http://www.bebashi.org)



## Philadelphia Agencies & Services

### **Center for Advocacy for the Rights and Interests of the Elderly (CARIE)**

CARIE fulfills its core mission — to improve the well being, rights and autonomy of older persons through advocacy, education, and action. CARIE's most successful and widely used service is the CARIE LINE. The CARIE LINE is a free telephone and online, one-on-one service that offers counseling, information, advocacy and education to help elders and caregivers identify and access resources on *any issue* an elder may be facing. CARIE provides Medicare insurance counseling, court advocacy and short-term counseling for survivors of crime, and provides advocacy for people living in long-term care facilities and nursing homes, including advocacy for trans and gender non-conforming nursing home residents.

1500 JFK Blvd.  
Suite 1500  
Philadelphia, PA 19102  
215-545-5728  
1-800-356-3606

### **Gay & Lesbian Latino AIDS Education Initiative (GALAEI)**

GALAEI is a queer Latin@ social justice organization. Since 1989, the organization has been dedicated to providing social services and referrals around HIV/AIDS and sexual health, organizing, and networking. GALAEI operates the **Trans Equity Project**, which since 2003, has been the only multi-service trans-specific HIV prevention program in Philadelphia. Trans Equity Project is a peer-led program designed by and for trans-identified and gender non-conforming people. The program offers sexual health and HIV prevention counseling, mentorship with transitioning, assistance with legal name change, and opportunities to build community centered around trans justice. <https://www.facebook.com/TransEquityProject/>

149 West Susquehanna Ave  
Philadelphia, PA 19122  
267-457-3912  
info@galaei.org  
[www.galaei.org](http://www.galaei.org)

### **Hearts on a Wire**

Hearts on a Wire is a Philadelphia-based trans and gender variant prisoner justice collective. We build community with incarcerated trans and gender variant (T/GV) people across Pennsylvania through networking, letter writing and art. The group meets Mondays, 5:30-7:00 at the William Way Center, 1315 Spruce Street.

heartsonawire@gmail.com  
[www.facebook.com/HeartsOnAWire](https://www.facebook.com/HeartsOnAWire)



## Philadelphia Agencies & Services

### **Mazzoni Center**

Provides comprehensive health and wellness services for youth and adults; services include primary medical care, mental health counseling, substance abuse services, HIV counseling and testing, support groups, case management, legal, health education, and outreach.

- **Main Office**  
1348 Bainbridge Street  
Philadelphia, PA 19147  
215.563.0652  
[www.mazzonicenter.org](http://www.mazzonicenter.org)
- **Medical Center**  
1348 Bainbridge Street  
Philadelphia, PA 19147  
215.563.0658  
[transcare@mazzonicenter.org](mailto:transcare@mazzonicenter.org)
- **Rapid Testing Clinic / Washington West Project**  
1201 Locust Street  
Philadelphia, PA 19107  
215-985-9206

### **Sisterly LOVE (Mazzoni Center)**

Sisterly LOVE. is a group created by and composed of trans women who meet monthly with a mission to provide guidance and support to Mazzoni Center. Sisterly LOVE provides community workshops, advocacy, and a chance to get involved with the community.

<https://www.facebook.com/sisterlylovemazzonicenter>

For more information, or to get involved, contact:  
Joniece Greer, Community Engagement Specialist  
215.563.0652 ext. 232



## Philadelphia Agencies & Services

### **PACTS (Mazzoni Center)**

#### **“Pediatric & Adolescent Comprehensive Transgender Services”**

Our PACTS team is comprised of highly skilled clinicians and social workers with years of experience serving trans\* and gender expansive youth and adults. Patients can receive multiple services under one roof, including: medical care, legal services, individual/family therapy, psychiatry, case management, and access to a state-wide network of GSA/school supports.

For more information contact:

Anna Kiesnowski, LSW

Trans Care Services Specialist

215.563.0658 x418

[akiesnowski@mazzonicenter.org](mailto:akiesnowski@mazzonicenter.org)

### **Project SAFE**

Project SAFE is for and by sex workers in Philadelphia. We support each other with the following programs: Ladies Night, Outreach, Project SAFE Community Center, Deliveries, Medical and Legal Advocacy, Bad Date Sheet, and Political Advocacy.

1-866-509-SAFE

[safephila@gmail.com](mailto:safephila@gmail.com)

### **William Way LGBT Community Center**

The William Way Community Center seeks to encourage, support, and advocate for the well-being and acceptance of sexual and gender minorities through services, recreational, educational, and cultural programming.

1315 Spruce St.

Philadelphia, PA 19107

215.732.2220

[info@waygay.org](mailto:info@waygay.org)

[www.waygay.org](http://www.waygay.org)



## Philadelphia Agencies & Services

### **Lutheran Settlement House**

Lutheran Settlement House has been a staple in the community of Frankford for over 100 years. They are a non-profit, community based social service organization that serves over 14,000 women, men, and children each year through four program areas: Adult Education and Employment, Intimate Partner Violence, Senior Services, and Homeless Services. Their mission is simple, "to empower individuals, families, and communities to achieve and maintain self-sufficiency through an integrated program of social, educational, and advocacy services."

1340 Frankford Ave  
Philadelphia, PA. 19125  
215.426.8610  
[www.lutheransettlement.org](http://www.lutheransettlement.org)





## Hotlines & Helplines

### **PA State AIDS Hotline**

Information and referrals to local HIV/AIDS resources and sexual and reproductive health information. Available Monday-Friday from 9AM-6PM.  
1.800.662.6080

### **Covenant House Hotline**

24/7 national hotline for homeless and runaway youth and families – provides crisis counseling and referrals.  
1.800.999.9999

### **Mazzoni Center Legal Services**

LGBT legal assistance  
1.866.LGBT.LAW (1.866.542.8529)  
215.563.0657 (Philadelphia)  
legalservices@mazzonicenter.org

### **National Sexual Assault Hotline**

Phone number and online chat are operated 24/7.  
1-800-656-HOPE (4673)  
online.rainn.org

### **Philadelphia Domestic Violence Hotline**

24/7 hotline for survivors of domestic violence/intimate partner violence.  
1.866.723.3014

### **Philadelphia Bully Hotline**

LGBTQI violence, harassment, and discrimination hotline for events occurring in the school system.  
215-400-7233

### **Project HOME – Homeless Outreach Hotline**

24/7 Access to homelessness services  
215.232.1984



## Hotlines & Helplines

### **Suicide and Crisis Hotline (Office of Mental Health)**

24/7 suicide and crisis prevention hotline for Philadelphia. Can connect callers with closest Crisis Response Center.

For yourself: 215.686.4420

For a family member, relative, or friend: 215.685.6440

For children: 215.685.6440

### **Trevor Project**

24/7 suicide and crisis prevention helpline for LGBTQ youth.

1.866.4U.TREVOR (1.866.488.7386)

### **Health Information Hotline**

Central intake hotline for HIV positive individuals to get more information about medical care and support, as well as to get connected with HIV medical case management. M-F 8am-5:30pm  
215.985.2437 or 1.800.985.2437

### **Women Organized Against Rape (WOAR)**

24 hour sexual assault hotline. Offers support, referrals for ongoing counseling, medical accompaniment, and information about reporting sexual assault. Staff and volunteers have received training about transgender issues.

215.985.3333

<http://www.woar.org/>

### **Trans Lifeline –**

Hotline available in the U.S. and Canada that is staffed by trans people. The hotline is open 24/7 and operators are guaranteed to be on call between 10:00am-4:00am.

877-565-8860

[www.translifeline.org](http://www.translifeline.org)



## Health Dentists

### **Ken Cirka, DMD**

1601 Walnut St.  
Suite 1302  
Philadelphia, PA 19102  
215.568.6222  
info@phillydentistry.com  
www.phillydentistry.com

### **University of Pennsylvania Dental Clinic**

240 S. 40th St.  
Philadelphia, PA 19104  
215.898.8965  
<https://www.penndentalmedicine.org/low-cost-dental-clinic/>

### **Center City Emergency Dentist**

1429 Walnut Street 6<sup>th</sup> Floor  
Philadelphia, PA 19102  
215-315-7691  
www.centercityemergencydentists.com



## Health Fertility Services

### **Fairfax Cryobank:**

*Sperm, egg, and embryo freezing and storage*

University City Science Center

3401 Market Street, Suite 205

Philadelphia, PA 19104

Direct: 215-386-1977

Toll free: 800-338-3407

Fax: 215-386-1776

phillycryo@fairfaxcryobank.com

Email: info@fairfaxcryobank.com

<https://fairfaxcryobank.com/>

### **Shady Grove Fertility:**

*Sperm and egg freezing/storage*

<https://www.shadygrovefertility.com/>

New Patient Appointments: 1-888-761-1967

Several locations in PA, Maryland, Virginia, and Washington, D. C.

### **Jefferson University RMA:**

*Sperm, egg, and embryo freezing/storage*

833 Chestnut Street, Suite C 152

Upper Concourse

Philadelphia, PA 19107

T: 215.922.1556

Call: 855-762-4672

Other locations in PA: King of Prussia, Langhorn, Willow Grove, and Mechanicsburg

<http://www.rmaspecialists.com/elective-fertility-preservation/>

### **Penn Hospital:**

*Sperm and egg freezing/storage*

General fertility care website: <https://www.pennmedicine.org/for-patients-and-visitors/find-a-program-or-service/penn-fertility-care>

LGBT Family Planning: <https://www.pennmedicine.org/for-patients-and-visitors/find-a-program-or-service/penn-fertility-care/lgbt-family-building>

800-789-PENN (7366).

### **Fertility Testing Laboratory & Sperm Bank**

*Sperm banking/storage*

815 Locust St, Philadelphia, PA 19107

215-922-3150



## Health Medical Specialists

### **Jacqueline Gutmann, MD**

Infertility & Reproductive Endocrinology  
RMA of Philadelphia  
833 Chestnut St.  
Philadelphia, Pa 19107  
215.922.1556

### **Michael Levin, DO**

Nephrologists  
Metropolitan Nephrology Associates  
4453 Castor Ave  
Suite B  
Philadelphia, PA 19124  
215.744.2266  
[Metroneph.com/dr-levin/](http://Metroneph.com/dr-levin/)  
See website for other locations throughout Philadelphia

### **Erin O'Malley-Tysko, MD**

Cardiologist  
Mainline Health Group / Lankenau Heart Group  
7114 Ridge Avenue  
Philadelphia, PA 19128  
484.476.1000  
[www.mainlinehealth.org/find-a-doctor/erin-a-omalley-tysko](http://www.mainlinehealth.org/find-a-doctor/erin-a-omalley-tysko)

### **Hahnamann Urogynecology**

207 N. Broad St.  
4th Floor  
Philadelphia, PA 19107  
215.863.8100

### **Pennsylvania Centre for Dermatology**

822 Pine St.  
Suite 2A  
Philadelphia, PA 19107  
267.519.0154  
[www.pennsyderm.com](http://www.pennsyderm.com)



## Health Medical Specialists

### **Philadelphia Urology Associates, P.C.**

1216 Arch St.  
Suite 3B  
Philadelphia, PA 19107  
215.563.1199  
[www.philaurology.com](http://www.philaurology.com)

### **Omni-Vision**

1230 Chestnut Street  
Philadelphia, PA 19107  
215-997-7700  
[www.omnivisionphilly.com](http://www.omnivisionphilly.com)



## Health Mental Health Therapists

### List of Queer And/Or Trans Therapists in Philadelphia:

<https://www.restorativeconnection.com/resources.html>

#### **Rebecca Alvarez, LCSW, MEd**

Psychotherapy for adult individuals or couples seeking therapy and specializing in trauma, gender, and/or sexuality.

Medical Tower Building  
255 South 17th Street, Suite 1509  
Philadelphia, Pennsylvania 19103  
(267) 592-6808  
alvarez.lcsw@gmail.com  
[www.rebeccajalvarez.com](http://www.rebeccajalvarez.com)

#### **Michele Angello, Ph.D**

Interests include working with gender variant youth and adults, as well as children of transitioning parents. Offers individual, group, and family therapy. Also facilitates support groups for transgender adults, youth, and parents.

987 Old Eagle School Rd.  
Suite 719  
Wayne, PA 19087  
610.917.8561  
Dr\_Angello@yahoo.com  
[www.micheleangelo.com](http://www.micheleangelo.com)

#### **Attic Youth Center**

For LGBTQQ youth (ages 13-23) to develop into healthy, independent, civic-minded adults within a safe and supportive community. Offers free counseling and groups.

255 S. 16th St.  
Philadelphia, PA 19102  
215.545.4331  
info@atticyouthcenter.org  
[www.atticyouthcenter.org](http://www.atticyouthcenter.org)



## Health Mental Health Therapists

### **Sylvia G. Brown, LCSW**

I'm Trans positive, offering EMDR when appropriate, experienced in working with trauma, attachment issues, depression and anxiety. I take no insurance but will work with a client to find a suitable fee.

255 S. 17<sup>th</sup> St.  
Suite 605  
Philadelphia, PA 19103

### **Elizabeth Byrne, MA, NCC, LPC, CTTS**

Provides empowering client centered individual and couples counseling. Specializes in working with transgender, gay, lesbian, bisexual, and queer clients, along with their families.

William Way Center  
1315 Spruce Street  
Philadelphia, PA 19107  
267.235.3186  
[elizabethabyrne@yahoo.com](mailto:elizabethabyrne@yahoo.com)

### **Marla Cobin, Ph.D, LCSW**

Clinical sexologist and social worker who works from a strengths-based and empowering approach.

6703 Germantown Ave.  
Suite 200  
Philadelphia, PA 19119

OR

255 South 17<sup>th</sup> St.  
Suite 1601  
Philadelphia, PA 19103  
610.304.9886  
[marla\\_cobin@yahoo.com](mailto:marla_cobin@yahoo.com)  
[www.drmarlacobin.com](http://www.drmarlacobin.com)





## Health Mental Health Therapists

### **Damon Constantinides, PhD, LCSW**

Psychotherapy for adults and teens. Individual therapy, relationship therapy, and sex therapy. Specializes in working with trans, gnc, queer, gay, lesbian, and bisexual clients. Offices in Center City, Philadelphia and Society Hill, Philadelphia.

(607) 218-2595

[DrDamonC@gmail.com](mailto:DrDamonC@gmail.com)

[www.TherapistDamon.com](http://www.TherapistDamon.com)

[www.PhilaTherapy.com](http://www.PhilaTherapy.com)

### **Alison Gerig, LCSW**

Experience working with transgender individuals and those who may be exploring their gender identity. Sliding scale available.

255 S. 17th St.

Suite 1601

Philadelphia, PA 19103

267.293.9121

[alisongerig@gmail.com](mailto:alisongerig@gmail.com)

[www.alisongerig.com](http://www.alisongerig.com)

### **Ann Hitchins MA, MSS, LCSW**

1420 Walnut Street

Suite 1212

Philadelphia, PA 19102

215-596-4049

[annhitchins@gmail.com](mailto:annhitchins@gmail.com)

### **Hornstein, Platt & Associates**

255 S 17th St #1010

Philadelphia, PA 19103

267.507.1310

[therapy@hornsteinplatt.com](mailto:therapy@hornsteinplatt.com)

[www.hptherapy.com](http://www.hptherapy.com)

Visit website for more locations



## Health Mental Health Therapists

### **Julie Lipson, MA, MT-BC**

Board-Certified Music Therapist  
www.InnerRhythmsMusic.com  
InnerRhythmsTherapy@gmail.com  
267-362-9391

### **Christian Jordal, Ph.D., LMFT, CST**

I am a licensed relationship therapist with 13 years experience working with individuals, couples, and families. I am a Certified Sex Therapist by AASECT, and trained in Emotionally-focused Therapy. I see clients for brief and extended periods of time, with many issues, notably: depression; anxiety; communication and relationship difficulties; conflict resolution; trauma and attachment-related injuries; infidelity; adjustment issues related to separation, divorce, grief, and loss. I view issues contextually and address race, culture, gender, among others, in my work with all clients.

I work with transgender clients at all stages of the transition process, and those who forgo transition. I am familiar with the WPATH transgender healthcare guidelines.

628 S. Broad St.  
2nd Fl.

Philadelphia, PA 19146  
267.388.4586

christian.jordal@gmail.com

[https://therapists.psychologytoday.com/rms/name/Christian\\_Jordal\\_PhD,LMFT\\_Philadelphia\\_Pennsylvania\\_145544](https://therapists.psychologytoday.com/rms/name/Christian_Jordal_PhD,LMFT_Philadelphia_Pennsylvania_145544)



## Health Mental Health Therapists

### **Marta Ludwig LCSW, MSW**

Licensed Psychotherapist  
607.354.4134  
martaw Ludwig@gmail.com

355-C Lancaster Ave  
Haverford, PA

OR

111 Forrest Ave (Courtyard Building)  
Narberth, PA

### **Open Door Counseling & Behavioral Health Program, Mazzoni Center**

Individual, family, couples, group counseling. Sliding scale

1348 Bainbridge Street  
Philadelphia, PA 19147  
215.563.0652 ext 248 for intake  
[www.mazzonicenter.org/programs/counseling](http://www.mazzonicenter.org/programs/counseling)

### **Robin B. Risler, Psy.D., CAADC**

For years I have been helping individuals, couples, and families deal with a wide range of issues, including depression, anxiety, addictions, relationship concerns, and other issues that interfere with living more fully.

255 S. 17th St.  
Suite 1307  
Philadelphia, PA 19103  
215.882.9674  
<http://www.drrobinrisler.com/>



## Health Mental Health Therapists

### **Kathleen Ross, PhD, LCSW**

Graduate of Adult Psychoanalytic program at the Psychoanalytic Center of Philadelphia  
Specializing in psychodynamic psychotherapy and psychoanalysis  
Spanish-speaking  
Therapist and Supervisor at Therapy Center of Philadelphia  
Sliding scale fees, accept Penn Aetna Student Health insurance with copay

255 S. 17th St, Suite 1305  
Philadelphia, PA 19103  
Telephone 267.312.0676

### **Michael Tyler Ramos, MSW, LSW**

I believe in a multi-faceted approach to treatment based primarily on the individual needs of the client. My primary tools include, but is not limited to (1) a relational based approach (2) cognitive behavior, (3) EMDR (Eye Movement Desensitization and Reprocessing), (4) a motivational based approach and (5) a harm reduction approach to addiction. My services are also available to Spanish-speaking clients. Sliding scale fee available.

201 South 18<sup>th</sup> Street  
Suite 204  
Philadelphia, Pennsylvania 19103  
267.325.5319

### **Melanie Rychok, LCSW**

1518 Walnut Street  
Suite 1404  
Philadelphia, PA 19102  
267.603.3101  
mrychokmsw@gmail.com

### **Jessie Timmons, LCSW**

Specializes in working with individuals who are struggling with substance use, anxiety and/or depression. Also works with couples experiencing discord in their relationships. Sliding scale fee rate available.

201 S. Camac Street  
Philadelphia, PA 19107  
610.981.2213



## Health Mental Health Therapists

### **Elizabeth Weisman, LSW**

Has expertise in the following areas: women's issues, LGBTQ issues, recovery from trauma in childhood/adulthood, depression, anxiety, recovery from addictions, chronic and severe mental illness, and working with artists. She has a particular interest in mind-body health/awareness.

1601 Walnut St.  
Suite 814  
Philadelphia, PA 19102  
267.202.4386

### **Therapy Center of Philadelphia**

In 2011, TCP expanded its feminist mission to also serve transgender communities in all their diversities. TCP has an understanding of women's issues, patriarchy, and sexism, incorporating an analysis that recognizes the intersections of feminist and transgender experiences of gender-based oppression and struggle. Sliding scale, affordable rates.

1315 Walnut St.  
Suite 1004  
Philadelphia, PA 19107  
215.567.1111 ext 812  
<http://therapycenterofphila.org/>

### **Walnut Psychotherapy Center**

Central core competency is in the treatment of the LGBTQ population.

1500 Walnut St., Suite 300  
Philadelphia, PA 19102  
(215) 563-7863  
[info@walnutpsychotherapycenter.com](mailto:info@walnutpsychotherapycenter.com)

### **Anastasia Fujii, LCSW**

Specializes in LGBTQ and cultural humility, committed to sustaining a social justice oriented therapy, consultation and training practice that aims to empower and liberate through compassion and understanding.

440 East Girard Avenue  
Philadelphia, PA 19125  
[anastasiafujii.lcsw@gmail.com](mailto:anastasiafujii.lcsw@gmail.com)  
267-908-3693  
[www.anstasifujii.com](http://www.anstasifujii.com)



## Health Mental Health Therapists

### **Allison Harris, LCSW (She/Her)**

Specializes in working with individuals, couples and families navigating identity development, sexuality, challenges managing mood and releasing histories of trauma. Formerly, she was involved with Mazzoni's PACTS program and continues to work with gender-expansive youth and their families in private practice.

255 S. 17<sup>th</sup> St, Suite 1106

Philadelphia, PA 19103

213-222-6761

[allison.harris.yes@gmail.com](mailto:allison.harris.yes@gmail.com)

[www.allisonharristherapy.com](http://www.allisonharristherapy.com)

### **L. Elaine Dutton, LCSW**

Practices from a diverse perspective, allowing for flexibility based on individual need. Queer and trans/gender competent, social justice oriented, and holistic. Considerable experience working with people who identify as transgender, non-binary, gender non-conforming, LGBTQ and asexual. Sliding scale available.

1315 Spruce Street

Philadelphia, Pennsylvania 19107

267.658.4216

### **Julia Gottlieb, LCSW**

Committed to creating a safe and collaborative therapy space. Specializes in working with individuals around gender exploration, sexuality, trauma, PTSD, substance use, anxiety, depression and those living with HIV/AIDS. She uses a focus on trauma informed, intersectional feminist and social justice lens. Accepts most insurances.

525 S. 4<sup>th</sup> St.

Suite 598

Philadelphia, PA 19147

[Julia.m.gottlieb@gmail.com](mailto:Julia.m.gottlieb@gmail.com)



## Health Primary Medical Care

### **Jefferson Family Medicine**

Provides sensitive and compassionate primary healthcare to all LGBTQI communities. Most insurance accepted.

833 Chestnut St., Suite 301  
Philadelphia, PA 19107  
215.955.7190  
1-800-JEFF-NOW (1-800-533-3669)

### **Katherine Margo, MD**

Family medicine clinician experienced working with transgender and LGBT individuals.

Penn Medicine  
3737 Market st. 9<sup>th</sup> Floor  
Philadelphia, PA 19104  
215.662.8777

### **Mazzoni Center Family and Community Medicine**

LGBT family medicine and primary care practice, including a transgender health program. Accepts insurance, also sees uninsured individuals on a sliding scale fee assessment. Transgender Health team includes medical clinicians, social workers, and case managers. Hormone therapy is provided by using an informed consent model.

\*Adolescent Drop-In: Wednesdays from 5-7PM, for youth ages 14-24

1348 Bainbridge Street  
Philadelphia, PA 19147  
215.563.0658  
transcare@mazzonicenter.org  
www.mazzonicenter.org



## Health Primary Medical Care

### **Penn Medicine Transgender Patient Advocate Program**

Part of the Penn Medicine for LGBT Health and provides advocacy and support for trans-identified, gender non-conforming, and gender queer patients at Penn Medicine.

215.573.8499

[LGBThlth@med.upenn.edu](mailto:LGBThlth@med.upenn.edu)

### **Pride Program at Einstein Medical Center Philadelphia**

This program offers health maintenance exams and screenings, diagnosis and treatment of pelvic floor conditions, counseling and treatment for menopause, heart disease prevention, reproductive healthcare, therapy and medication management and patient navigation support to the LGBTQ community. Our transgender services includes top surgery, a monthly hormone therapy clinic at our Elkins Park campus and trans competent mental health care.

5501 Old York Road  
Philadelphia, PA 19141  
215-420-0989  
[Einstein.edu/Pride](http://Einstein.edu/Pride)





## Health Hormone Prescribers

### **Mazzoni Center**

1348 Bainbridge St.  
Philadelphia PA  
215.563.0658

Ages: pediatric and 18+  
Insurance: PA Medicaid, some Commercial Insurance, sliding scale available  
Prescribes hormones using an informed consent model.

### **Planned Parenthood**

1144 Locust St.  
Philadelphia PA  
215.351.5560

AND  
2081 East High St.  
Pottstown PA  
610.326.8080

Ages: 18+  
Insurance: PA Medicaid, some Commercial Insurance, sliding scale available  
Prescribes hormones using an informed consent model.

### **Einstein Health Pride Program**

5501 Old York Rd.  
Philadelphia PA  
215.420.0989

Ages: 14+  
Insurance: PA Medicaid, and Commercial Insurance  
Prescribes hormones using an informed consent model.

### **Philadelphia FIGHT John Bell Health Center**

1207 Chestnut St.  
Philadelphia PA  
267.725.0252

Ages: 18+  
Insurance: PA Medicaid, some Commercial Insurance, sliding scale available  
Prescribes hormones using an informed consent model.



## Health Hormone Prescribers

### **Philadelphia FIGHT Y-HEP Health Center**

1207 Chestnut St.  
Philadelphia PA  
215.344.1632

Ages: 13-24

Insurance: PA Medicaid, some Commercial Insurance, sliding scale available  
Prescribes hormones using an informed consent model.

### **Allentown Women's Center**

31 South Commerce Way, Suite 100  
Bethlehem PA  
484.821.0821

Ages: 16+

Insurance: PA Medicaid (Amerihealth Caritas, Amerihealth Northeast, Geisinger Family Plan),  
some Commercial Insurance

Referral letter from a therapist is required for hormone prescription. Therapists are available at  
this location to meet for counseling for referral letter. Sliding scale is available for counseling  
appointments only, not medical.



## Health Psychiatrists

### **Sarah Noble, DO**

Psychiatrist with the Pride Program at Einstein Hospital. Accepts most commercial insurance. Medicaid covers visits with a resident under Dr. Noble's supervision.

1200 W Tabor Rd Suite 100  
Philadelphia, PA 19141  
215.420.0989

### **Hornstein, Platt & Associates**

255 S 17<sup>th</sup> St #1010  
Philadelphia, PA 19103  
267.639.5901  
psychiatry@hornsteinplatt.com  
[www.hptherapy.com](http://www.hptherapy.com)  
Visit website for more locations

### **Jeffrey Naser, MD**

Does not accept insurance.  
1137 Lancaster Ave  
Berwyn, PA 19312  
610.647.3959  
[www.jeffreynasermd.com](http://www.jeffreynasermd.com)



## Health Substance Use Recovery

### **Mazzoni Center Intensive Outpatient**

Philadelphia region's first LGBTQ-exclusive Intensive Outpatient Program (IOP) for substance use disorder

Mazzoni Center  
1348 Bainbridge Street  
Philadelphia, PA 19147  
Contact:  
Justin Benner, LCSW  
215-563-0652 x 248

### **Morris Home**

Residential recovery program that offers comprehensive services specifically for the transgender community

West Philadelphia  
Contact:  
Laura Sorensen  
215.729.3045  
[laura.sorensen@rhd.org](mailto:laura.sorensen@rhd.org)

### **Philadelphia FIGHT Johnathan Lax Treatment Center**

Medication assisted substance abuse treatment (such as Vivitrol and Suboxone)

Philadelphia FIGHT  
1233 Locust Street  
Philadelphia, PA 19107  
Contact:  
215-790-1788  
[fight@fight.org](mailto:fight@fight.org)

### **Women's Night at Prevention Point**

Drop in night every Tuesday from 6-9pm. Food, music, safer sex & injection supplies, bad date sheets & more

Prevention Point/Project SAFE  
2913-2915 Kensington Avenue,  
(corner of Kensington Ave. and Monmouth St.)  
Philadelphia, PA 19134  
Contact:  
866-509-SAFE & 215-634-5275  
[sam@ppponline.org](mailto:sam@ppponline.org)



## Health Substance Use Recovery

### **Recovery Support Group for TG/GNC/NB**

A drop-in support group for trans/gender non-binary persons who are considering recovery from addiction, or at any stage in their recovery journey. This group serves to support each individual's unique recovery goals and strategies, while increasing insight and self-awareness, along with educational component. Meets every Tuesday from 6:00PM to 7:00PM.

Mazzoni Center  
1348 Bainbridge Street  
Philadelphia, PA 19147  
Contact:  
Gabe Grochowski  
215.563.0652 ext 255



## Health Support Groups

### **Evolutions**

Meets every Thursday from 6:00PM to 7:00PM. Free drop-in support group for anyone identifying along the transgender spectrum or questioning their gender identity.

Mazzoni Center  
1348 Bainbridge Street  
Philadelphia, PA 19147  
Contact:  
AJ Jones  
215.563.0652 ext 545  
ajones@mazzonicenter.org

### **More Than Two**

Meets Wednesdays from 6:00PM to 7:00PM. Free drop-in support group for people who are gender non-conforming, non-binary, gender expansive, genderqueer or otherwise do not ascribe to the gender binary.

Mazzoni Center  
1348 Bainbridge Street  
Philadelphia, PA 19147  
Contact:  
Nikele Riek, LSW  
215.563.0652 ext 281

### **The New Bois Club**

Meets every Monday from 6:00PM to 7:00PM. Free drop-in support group for anyone identifying along the masculine spectrum.

Mazzoni Center  
1348 Bainbridge Street  
Philadelphia, PA 19147  
Contact:  
Nikele Riek, LSW  
215.563.0652 ext 281



## Health Support Groups

### **PFLAG Philadelphia**

PFLAG's chapter meets the 3<sup>rd</sup> Sunday of every month from 2-5pm. This includes an educational program from 2-3pm followed by a support group meeting. In July & August, there is no educational program but the support group does meet from 2-4pm.

Carriage House at UPenn  
3907 Spruce Street  
Philadelphia, PA 19104  
215.572.1833  
pflagphila@yahoo.com  
[www.pflagphila.org](http://www.pflagphila.org)

### **Living Out Loud**

A Group for Women and Trans People to Speak, Sing, Breathe, and Cultivate Power Through Voice

Therapy Center of Philadelphia  
1315 Walnut St.  
Philadelphia, PA  
215.567.1111x812  
InnerRhythmsTherapy@gmail.com



## Health Support Groups

### **Sisterly LOVE**

Meets the 3<sup>rd</sup> Friday of every month from 3:00PM to 5:00PM. Sisterly LOVE (Leading Others Via Education) is a safer space for anyone that identifies along the trans feminine spectrum. Sisterly LOVE is a program facilitated by Mazzoni Center in collaboration with a community advisory board of area trans women, with the aim of developing leadership skills and building community among trans women/trans femmes in Philadelphia.

Mazzoni Center  
1348 Bainbridge Street  
Philadelphia, PA 19147  
<https://www.facebook.com/sisterlylovemazzonicenter>

### **Trans Masculine Advocacy Network (TMAN)**

Founded in 2006, TMAN is a grassroots organization based in Philadelphia, PA dedicated in its efforts to uplift people of color along the transmasculine spectrum. TMAN provides extensive networking and referral services that address the unique and underrepresented vocational, educational, legal, social, familial as well as mental and general health care needs of its members through weekly gatherings, special events and directed activities.

tmanphilly06@gmail.com  
[www.facebook.com/TMANPhilly/](http://www.facebook.com/TMANPhilly/)

### **Transway**

A weekly drop-in social group for any trans\* identified person. Meets Thursdays at 7PM

1315 Spruce St.  
Philadelphia, PA 19107  
215.732.2220  
[www.waygay.org](http://www.waygay.org)





## Health Support Groups

### **Coffee Talk**

Coffee talk is a social gathering for people who identify as trans, genderqueer, or non-binary, and their allies. Meets the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of each month at 7pm.

1315 Spruce St.  
Philadelphia, PA 19107  
215.732.2220  
[www.waygay.org](http://www.waygay.org)

### **OUR Space**

OUR Space is a drop-in support space for anyone identifying along the transgender spectrum (or questioning their gender identity). Wednesdays from 5:00PM to 8:00PM.

Town Hall at Mazzoni Center  
1348 Bainbridge Street  
Philadelphia, PA 19147

### **Transcribez Writing Group**

Transcribez is a drop-in community space for trans and gender nonconforming youth between the ages of 14-24 to share creative space with each other. No writing experience required. Meets every 2<sup>nd</sup> Saturday of the month.

Kelly Writers House  
3805 Locust Walk  
UPenn Campus  
Philadelphia, PA 19104  
Contact:  
Andrew Spiers  
[andrewspiersmss@gmail.com](mailto:andrewspiersmss@gmail.com)  
<http://writing.upenn.edu/wh/involved/outreach/transgnc/>



## Health Surgeons

**Dr. Rachel Bluebond-Langnor**

Chest & Genital Surgery  
Insurance: Medicare & some private  
NYU Langone Plastic Surgery  
New York, NY  
646-501-4449

**Dr. Howard Caplan**

Chest Surgery  
Insurance: Medicare & some private  
The Curtis Center  
Philadelphia, PA  
215-629-1866

**Dr. Bryan Cicuto**

Chest Surgery  
Insurance: Some private  
Lititz, PA  
717-625-3509

**Dr. Carla Fisher**

Chest surgery  
Insurance: PA Medicaid & private  
Philadelphia, PA  
215-615-5858

**Dr. Johnathan Keith**

Chest & Genital Surgery  
Insurance: NJ Medicaid & private  
Newark, NJ  
973-972-3229

**Dr. Jared Liebman**

Chest surgery  
Insurance: PA Medicaid & some private  
Einstein Hospital  
Philadelphia, PA  
215-456-4670



## Health Surgeons

### **Dr. Jeanne Llenado**

Orchiectomy  
Insurance: PA Medicaid & some private  
Philadelphia, PA  
215-503-3300

### **Dr. Puneet Masson**

Orchiectomy  
Insurance: PA Medicaid & private  
Philadelphia, PA  
215-662-8699

### **Dr. Phuong Nguyen**

FFS  
Insurance: PA Medicaid & private  
Penn Medicine  
Philadelphia, PA  
215-590-2209

### **Dr. Christine McGinn**

Chest, genital, FFS, tracheal shave. Also offers electrolysis, hormone therapy, counseling services, voice therapy, fertility services, and nutrition services.  
Insurance: Does not Accept Insurance  
New Hope, PA  
215.693.1199  
papilloncenter@gmail.com  
www.drchristinemcginn.com

### **Dr. Ivona Percec**

Chest surgery  
Insurance: PA Medicaid & private  
Center for Human Appearance  
Philadelphia, PA  
215-662-7300

### **Dr. Scott Richard**

Hysterectomy  
Insurance: PA Medicaid & private  
Philadelphia, PA  
215-955-5000 (Opt. 3)



## Health Surgeons

### **Dr. Kathy L. Rumer**

Chest, genital, FFS, body contouring  
Insurance: PA Medicaid & some private  
Ardmore, PA  
855.782.5665  
[www.rumercosmetics.com](http://www.rumercosmetics.com)

### **Dr. Julia Spears**

Chest Surgery, Consultation for Silicone Removal  
Insurance: PA Medicaid & private  
Hahnemann Plastic Surgery  
Philadelphia, PA  
215-557-7227

### **Dr. Jesse Taylor**

FFS, Facial Contouring  
Insurance: PA Medicaid & private  
Perelman Center for Advanced Medicine  
Philadelphia, PA  
215-662-2011

### **Dr. Samina Wahhab**

Chest surgery  
Insurance: Some private  
Allentown, PA  
610-770-7676  
<http://drwahhab.com/>

### **Sherman Leis, DO**

Chest surgery, genital surgery, FFS, tracheal shave, buttock enhancement and reduction. Non-surgical services include laser hair removal, microdermabrasion, peels, and more.  
Insurance: Not contracted with insurance  
Philadelphia Center for Transgender Surgery  
19 Montgomery Ave.  
Bala Cynwyd, PA 19004  
610.667.1888  
DrShermanLeis@DrShermanLeis.com  
[www.TheTransgenderCenter.com](http://www.TheTransgenderCenter.com)



## Wellness Alternative Therapies & Gyms

### **Alexander Jamieson**

Advanced Chiropractic  
1518 Walnut St, Suite 1206  
Philadelphia, Pa 19102  
215.545.5117  
[phillychiroadvanced@gmail.com](mailto:phillychiroadvanced@gmail.com)

### **Molly Kellogg, RD, LCSW**

Nutrition services by a registered dietician and licensed nutritionist.  
520 Carpenter Lane, #3H  
215.843.8258  
[molly@mollykellogg.com](mailto:molly@mollykellogg.com)  
[www.mollykellogg.com](http://www.mollykellogg.com)

### **Optimal Sport 1315 – GYM**

1315 Walnut Street  
Philadelphia, PA  
215.735.1114  
Locker room is transwomen and transmen friendly.

### **Studio 34**

Yoga studio that offers a trans and queer class on Saturdays from 12:00PM to 1:30PM.  
4522 Baltimore Ave.  
Philadelphia, PA 19143  
<http://studio34yoga.com/>

### **Philadelphia Community Acupuncture**

Provides acupuncture in a comfortable group setting. Sliding scale rates from \$20 - \$40. Online scheduling available.

Mt. Airy:

602 Carpenter Lane 2<sup>nd</sup> Floor  
Philadelphia, PA 19119  
215.844.2774  
[www.phillyacupuncture.com](http://www.phillyacupuncture.com)



## Wellness Hair Removal

### **Trans Beauty Shop**

Trans owned and operated, long history of working with transgender individuals. Provides electrolysis services, waxing, makeup and wardrobe consultation.

1315 Walnut St.

Suite 717

Philadelphia, PA 19107

267-225-7275

### **Department of Dermatology at UPenn**

Laser hair removal services. Very supportive of the trans and intersex communities.

3400 Civic Center Blvd

Suite 1-330S

Philadelphia, PA 19104

1.800.789.PENN (7366)

[www.pennmedicine.org/for-patients-and-visitors/find-a-program-or-service/dermatology](http://www.pennmedicine.org/for-patients-and-visitors/find-a-program-or-service/dermatology)

### **Metro Laser**

Laser hair removal services. Very supportive of the trans and intersex communities.

1528 Walnut St., Ste. 2002

Philadelphia, PA

215-735-2737

### **Mazzoni Center Laser Hair Removal Program**

You do not need to be an established Mazzoni Center patient to schedule an appointment for laser hair removal. Appointments are available Tuesdays from 4:00PM to 6:30PM. Call 215-563-0658 to speak with front desk staff and schedule an appointment for a consultation.



## Wellness Salons

### **André Richards Salon**

Trans friendly with 3 levels of payments options. Provides haircuts, hair color, makeup, and eyebrows.

1218 Locust St.

Suite 717

Philadelphia, PA 19107

215-735-1590

### **Lotus Philadelphia Esthetic Center**

Trans friendly full service salon offering a wide range of services: manicures, pedicures, waxing, hair and spa services

1240 South St.

Philadelphia, PA 19147

267-886-9017



## Wellness Voice Therapy

### **Penn Center for Voice at Pennsylvania Hospital**

Treatment includes voice therapy and phonosurgery, including thyroplasty.

Dr. Natasha Mirza

1.800.789.7366

[www.pennmedicine.org/for-patients-and-visitors/find-a-program-or-service/ear-nose-and-throat/voice-speech-and-swallowing](http://www.pennmedicine.org/for-patients-and-visitors/find-a-program-or-service/ear-nose-and-throat/voice-speech-and-swallowing)

### **Salus University Speech-Language Institute**

Offers “Raise Your Voice”, a support group addressing transgender voice and communication skills. Individual voice therapy provided based on availability.

8380 Old York Rd. #2100

Elkins Park, PA 19027

(215)780-3150

### **Temple Speech-Language-Hearing Center**

Clients of all ages with any type of voice disorder are seen in this clinic for evaluation and treatment. Sliding scale available.

110 Weiss Hall

13th and Cecil B. Moore Ave

Philadelphia, PA 19122

215.204.4482

[www.cph.temple.edu/commsci/centers/tu-speech-language-hearing-center](http://www.cph.temple.edu/commsci/centers/tu-speech-language-hearing-center)

### **New York Speech and Voice Lab**

65 Broadway, Suite 822

New York, NY 10006

347.677.3619

[www.speechvoicelab.com](http://www.speechvoicelab.com)





## Wellness Sexuality and Safe(r) Sex

### **Rapid Testing Clinic / Washington West Project**

1201 Locust Street  
Philadelphia, PA 19107  
215-985-9206

### **Trans Sex Zine**

Trans Sex Zine is a collaborative, ongoing sex ed project by and for trans and gnc folks that tells stories of sex, bodies, & desire. We think trans ppl of every age, identity, attraction, and relationship status are experts of our own experience and have valuable things to share with each other.

<https://transsexzine.com/>

### **F\*\*king Trans Women**

FTW is a zine by trans women, about the sex lives of trans women. It is an educational and instructional tool as much as it is a creative exploration of how we have sex.

[https://www.amazon.com/Fucking-Trans-Women-FTW-1/dp/1492128937/ref=sr\\_1\\_1?ie=UTF8&qid=1550854898&sr=8-1&keywords=fucking+trans+women](https://www.amazon.com/Fucking-Trans-Women-FTW-1/dp/1492128937/ref=sr_1_1?ie=UTF8&qid=1550854898&sr=8-1&keywords=fucking+trans+women)

### **Safer Sex for Trans Bodies**

Safer sex zine created by Whitman-Walker Health and the Human Rights Campaign.

[http://assets2.hrc.org/files/assets/resources/Trans\\_Safer\\_Sex\\_Guide\\_FINAL.pdf](http://assets2.hrc.org/files/assets/resources/Trans_Safer_Sex_Guide_FINAL.pdf)



## Community Resources Body Modification

### **Spirited Tattooing Coalition**

QTPOC owned and operated. Spirited Tattooing Coalition set out to adopt a creative and respectful space that makes all of its patrons feel positive, supported and free. A safe space for people to express themselves.

4918 Baltimore Ave  
Philadelphia, PA 19143  
267.634.6723  
<http://www.spiritedtattoo.com>

### **Body Graphics**

Shares many artists with No Ka Oi Tiki Tattoo

627 S. 4th St.  
Philadelphia, PA 19147  
215.923.5834  
[www.bodygraphics.com](http://www.bodygraphics.com)

### **Infinite Body Piercing**

Trans-friendly and experienced. Can drop in for a consult, jewelry or piercing, Visit website or call for policies, questions, prices, or hours.

626 S. 4th St.  
Philadelphia, PA 19147  
215.923.7335  
[james@infinitebody.com](mailto:james@infinitebody.com)  
[www.infinitebody.com](http://www.infinitebody.com)

### **No Ka Oi Tiki Tattoo & Piercing**

Trans-friendly and experienced.

610 S. 4th St.  
Philadelphia, PA 19147  
267.925.1766  
[www.nokaokitattoo.com](http://www.nokaokitattoo.com)



## Community Resources Bookstores & Libraries

### **The AIDS Library**

Has a large collection of trans-related books, articles, media & DVDs.  
1233 Locust St, 2<sup>nd</sup> fl  
Philadelphia, PA 19107  
215.985.4851  
[www.aidslibrary.org](http://www.aidslibrary.org)

### **Joseph Fox Bookshop**

Local independent bookstore. Can search trans-related titles online  
1724 Sansom St.  
Philadelphia, PA 19103  
215.563.4184  
[www.foxbookshop.com](http://www.foxbookshop.com)

### **LGBT Archives at William Way**

Usage is by appointment only and they prefer that you email, rather than phoning to leave a message.  
1315 Spruce St.  
Philadelphia, PA 19107  
215.732.2220  
[archives@waygay.org](mailto:archives@waygay.org)  
[www.waygay.org/archives](http://www.waygay.org/archives)

### **LGBT Center Library at UPenn**

The Center maintains a large collection of books, videos, DVDs, and periodicals written for and about sexual and gender minorities. You do not have to be a student to use this resource.  
3907 Spruce St.  
Philadelphia, PA 19104  
215.898.5044  
[www.vpul.upenn.edu/lgbtc/library](http://www.vpul.upenn.edu/lgbtc/library)

### **Wooden Shoe Books**

Anarchist and radical literature. Can special order books if requested.  
704 South St.  
Philadelphia, PA 19147  
215.413.0999  
[www.woodenshoebooks.org](http://www.woodenshoebooks.org)



## Community Resources Bookstores & Libraries

### **Philly Aids Thrift @ Giovanni's Room**

Sells LGBTQ books—both new and used—as well as clothing, housewares and art.

345 S. 12<sup>th</sup> St.

Philadelphia, PA 19107

215.923.2960

[Giovannis\\_room@verizon.net](mailto:Giovannis_room@verizon.net)

[phillyaidsthirtatgiovannisroom.com](http://phillyaidsthirtatgiovannisroom.com)



## Community Resources Clothing & Accessories

### **Mazzoni Center's PACTS Program Binder Recycling Program**

New or gently used binders for low income trans youth. For more information: contact Anna Kiesnowski, LSW, 215.563.0658 x418, or [akiesnowski@mazzonicenter.org](mailto:akiesnowski@mazzonicenter.org)

### **FLAVNT**

FLAVNT Streetwear is an Austin-based independent clothing brand for everyone within and anyone who supports the LGBTQ+ community. We are a brand by queer people for queer people. We don't believe in men's or women's clothing, we just make clothes that promote self-confidence and self-love.

<https://www.flavnt.com/>

### **Big Brother Binder Program**

Designed for those who cannot afford to purchase a binder, this program provides low cost binders that are used but in good condition.

[www.thetransitionalmale.com](http://www.thetransitionalmale.com)

### **In a BIND**

In a BIND is a project of TransActive's Community Education Program. They collect pre-owned chest binders from guys who don't need them anymore and donate them to trans-masculine youth in need.

<https://www.transactivegendercenter.org/in-a-bind>

### **gc2b Transitional Apparel**

Popular company through which to order binders.

[www.gc2b.co/](http://www.gc2b.co/)

### **Origami Customs**

Non-binary and queer owned and operated. Customized and handmade line of swimwear, lingerie, and gender affirming accessories for people of all genders.

<https://origamicustoms.com/>



## Community Resources Clothing & Accessories

### **Rebirth Garments**

Rebirth Garment's mission is to create gender non-conforming wearables and accessories for people on the full spectrum of gender, size and ability. The line creates a community where all people can confidently express their individuality and identity. Our identity is that of QueerCrip, a politicized umbrella term that encompasses queer, gender nonconforming identities, visible and invisible disabilities/ disorders—physical, mental, developmental, emotional ect. In particular, our trans and disabled communities have very particular clothing needs that are not adequately served by mainstream clothing designers. Instead of being centered on cisgender, heterosexual, white, thin people, Rebirth Garments is centered on QueerCrip people.

[www.rebirthgarments.com](http://www.rebirthgarments.com)

[etsy.com/shop/RebirthGarments](https://www.etsy.com/shop/RebirthGarments)

### **Tuck Buddies**

Comfortable tucking underwear option for trans kids, youth, and adults.

<https://www.etsy.com/shop/TuckBuddies?ref=l2-shopheader-name>

### **FtM Essentials**

Online selection of binders and prosthetics.

<https://www.ftm essentials.com/>

### **Brayola**

Large online bra selection.

<https://brayola.com>

### **The Breast Form Store**

Large online selection of breast forms, undergarments, and accessories.

<https://www.thebreastformstore.com/>

### **Buffalo Exchange**

Second-hand and vintage clothes, shoes, hats, bags, jewelry. Gender-neutral fitting rooms.

1713 Chestnut St.

Philadelphia, PA 19103

215.557.9850

[www.buffaloexchange.com](http://www.buffaloexchange.com)



## Community Resources Clothing & Accessories

### **Classic Plus Size Jewelry**

Online store that specializes in larger-sized fine jewelry. Call for information, help with sizes or selection.

484.238.3133

[www.classicplussizejewelry.com](http://www.classicplussizejewelry.com)

### **Greene Street Consignment**

Second-hand and vintage clothes, shoes, hats, bags, jewelry. Gender neutral fitting rooms.

700 South St.

Philadelphia, PA 19147

215.733.9261

[Greenstreetstores.com/south-street](http://Greenstreetstores.com/south-street)

### **Philly Aids Thrift**

Discounted used clothing, furniture, electronics, and other interesting items.

710 S. 5th St.

Philadelphia, 19147

215.922.3186

### **Sephora Cosmetics**

1714 Chestnut St.

Philadelphia, PA 19103

215-563-6112

### **TransKids**

TransKids is a space dedicated to providing young folks with gender expression gear and resources.

773-271-1291

<https://transkids.biz/>

### **M.A.C. Cosmetics**

Can make an appointment for a private consultation/application session.

1300 Market St.

Philadelphia, PA 19107

215.241.1199



## Community Resources Clothing & Accessories

### **Old Navy**

Non-gendered fitting rooms. Clothes in many sizes.  
1851 S. Columbus Blvd  
Philadelphia, PA  
215.465.8363

### **Passional Boutique**

Selection of corsets, costumes, kilts and fashions sizes XS-8XL. Online selection of prosthetics, tucking underwear, and binders.  
317 South St  
Philadelphia, PA 19147  
215.829.4986  
<http://www.passionalboutique.com/gender-expression/>

### **More resources online at Transgender Pulse**

<https://www.transgenderpulse.com/shopping-links/>





## Community Resources Faith & Spirituality

### **Arch Street United Methodist Church**

Welcomes people of all racial backgrounds, gender, sexual orientation or gender identity.  
55 North Broad Street  
Philadelphia, PA 19107  
215.568.6250

### **Central Baptist Church**

LGBT affirming congregation in American Baptist tradition. Rainbow Alliance mission group that explores gender diversity within a theological and biblical framework.  
106 West Lancaster Ave.  
Wayne, PA 19087  
610.688.0664  
[www.cbcwayne.org](http://www.cbcwayne.org)

### **Congregation Beth Ahavah**

Affiliated with the Union for Reform Judaism. Serves greater Philadelphia and Delaware Valley's LGBT Jewish community. Welcoming to those of all sexual orientation and gender identities.  
615 N. Broad St.  
Philadelphia, PA 19123  
215.923.2003

### **Congregation Rodeph Shalom**

Our vision is to awaken our human spirit to the possibilities within and between us. We welcome all who come to explore or deepen their connection to Judaism and God. We find strength in our diversity of perspective, age, gender identity and expression, ethnicity, sexual orientation, family constellation, and socio-economic background.  
615 N. Broad St.  
Philadelphia, PA 19123  
215.617.6747  
[info@rodephshalom.org](mailto:info@rodephshalom.org)  
[www.rodephshalom.org](http://www.rodephshalom.org)



## Community Resources Faith & Spirituality

### **Dignity Philadelphia**

A caring, supportive community of LGBT Catholic, along with family, friends, and allies. Liturgy each Sunday at 7PM.

330 S. 13th St.

Philadelphia, PA 19107

215.546.2093

DignityPhila@aol.com

[www.dignityphila.org](http://www.dignityphila.org)

### **First Unitarian Church**

An intentionally diverse UU congregation, welcoming and affirming.

2125 Chestnut St.

Philadelphia, PA 19103

215.563.3980

[www.philauu.org](http://www.philauu.org)

[info@philauu.org](mailto:info@philauu.org)

### **Metropolitan Community Church of Philadelphia**

LGBT inclusive congregation that seeks to help congregants nurture love in themselves, grow spiritually in Christ & engage in sharing hope with LGBT communities & beyond. Service Sundays at 11 a.m.

3637 Chestnut St.

Philadelphia, PA 19104

215.873.5719

[www.whosoevermccp.com](http://www.whosoevermccp.com)

[mccphila@aol.com](mailto:mccphila@aol.com)



## Community Resources Faith & Spirituality

### **Mishkan Shalom**

Mishkan Shalom is a spiritual, progressive, and inclusive Reconstructionist Synagogue located in Philadelphia.

4101 Freeland Ave  
Philadelphia, PA 19128  
215.508.0226  
[www.mishkan.org](http://www.mishkan.org)

### **Tabernacle United Church**

A light, open, and affirming congregation that encourages the full participation of LGBT individuals in the body of Christ. Worship is Sundays at 10AM

3700 Chestnut St.  
Philadelphia, PA 19104  
215.386.4100  
[www.tabunited.org](http://www.tabunited.org)



## Community Resources Housing

### **Shelters**

At this time, homeless services are heavily gender segregated. Philadelphia does, however, have the Fair Practices Ordinance, which mandates that individuals accessing shelter services have the right to be housed in a facility with the gender that they identify as. Ultimately, you are your own best advocate in this process and the providers listed below can help you navigate the system. We have included the following agencies, which have demonstrated LGBTQ competence:

#### **24-Hour Homeless Outreach Hotline:**

215.232.1984

877.222.1984

#### **Covenant House Pa**

Services to young adults ages 18-24 including a 51 bed shelter, transitional living and independent living apartments.

31 E. Armat St.

Philadelphia, Pa 19144

215.951.5411

#### **Office of Supportive Housing (OSH)**

Single women and women with children can go to:

Apple Tree Family Center

1430 Cherry St.

Philadelphia, PA 19107

215.686.7150

Emergency housing for single women and women with children can go to:

Salvation Army

Eliza Shirley House

1320 Arch St.

Philadelphia, PA 19107

215.568.5111



## Community Resources Housing

### **Our Brother's Place (A program of Bethesda Project)**

Services to men, however many transwomen have reported that this facility is safe and that they have received good services through this program.

907 Hamilton St.  
Philadelphia, PA 19123  
215.236.7020

### **Project H.O.M.E**

Office hours: Monday - Friday 8AM - 4PM  
1515 Fairmont Ave  
Philadelphia, PA 19130  
215.232.7272  
[www.projecthome.org](http://www.projecthome.org)

### **Morris Home**

Supports trans and gender variant individuals as they develop the knowledge, skills and supports necessary to promote sobriety, manage emotional and behavioral difficulties, choose and maintain safe and healthy lifestyles, and develop healthy relationships.

5037 Woodland Ave  
Philadelphia, PA 19143  
215.729.3045  
[www.rhd.org/morrishome](http://www.rhd.org/morrishome)

### **LGBT Home for Hope**

A safehaven, wellness recovery shelter, supporting the LGBTQI community.

2831 N. Hutchinson St.  
Philadelphia, PA  
215-867-8885



## Community Resources Legal & Advocacy

### **Mazzoni Center Legal Services**

Legal assistance for PA's LGBT community. Some areas of practice include: name change, hate crimes, family rights, and workplace rights.

1348 Bainbridge St.  
Philadelphia, PA 19147  
215.563.0657 or 1.866.LGBT.LAW  
legalservices@mazzonicenter.org  
[www.mazzonicenter.org/programs/legal-services](http://www.mazzonicenter.org/programs/legal-services)

### **Kristine Holt, Esq**

Areas of practice include: family law, name change, personal bankruptcy, civil rights, discrimination, and employment law.

5155 4 <sup>th</sup> St. Suite 240A Philadelphia, PA 19147 215.545.7789	AND	339 Rte. 73 North, Suite 11A Berlin, NJ 08009 856.599.5555
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[www.holtesq.com](http://www.holtesq.com)

### **Jerner & Palmer, P.C.**

Expertise includes name change, family law, reproductive technology law and second parent adoption.

5401 Wissahickon Ave. Philadelphia, PA 19144 215.843.6000	AND	Five Greentree Centre, Ste104 525 Lincoln Drive West Marlton, NJ 08053 856-817-6030
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[www.jplaw.com](http://www.jplaw.com)



## Community Resources Legal & Advocacy

### **William Singer, Esq.**

2230 Route 206

Belle Mead, NJ. 08502

908.359.7873

[Wsinger@singerfedun.com](mailto:Wsinger@singerfedun.com)

[www.singerfedun.com/](http://www.singerfedun.com/)

### **Office of LGBT Affairs for the City of Philadelphia**

The Office of LGBT Affairs works to foster equal working and living conditions for lesbian, gay, bisexual, transgender, and queer (LGBTQ) people and to advocate for LGBTQ issues in all areas of City government. Created in 2008 by mayoral executive order, the Office of LGBT Affairs became a permanent part of the City's charter in 2015.

City Hall

Room 115

Philadelphia, PA 19107

215-686-0330



## National Transgender Conferences

<b>Conference</b>	<b>Location</b>	<b>Conference Date</b>
<u>First Event</u>	Marlboro, MA	January
<u>Asterisk Trans* Conference</u>	Riverside, CA	March
<u>TransCon Miami</u>	Miami, FL	March
<u>TRANSforming Gender Conference</u>	Boulder, CO	March
<u>Keystone Conference</u>	Harrisburg, PA	March
<u>South Bay Trans Day Of Visibility</u>	San Jose, CA	April
<u>Black Trans Advocacy Conference</u>	Dallas, TX	April
<u>New Jersey Trans Youth Forum</u>	Princeton, NJ	April
<u>Rhode Island Trans Health Conference</u>	Providence, RI	April
<u>Transgender Voices Festival</u>	St. Paul, MN	April
<u>TransOhio Trans and Ally Symposium</u>	Columbus, OH	April
<u>Transgender Lives: The Intersection of Health and Law Conference</u>	Farmington, CT	April
<u>NEW Conference</u>	Stamford, CT	May
<u>Philadelphia Trans Wellness Conference</u>	Philadelphia, PA	July
<u>Gender Odyssey</u>	San Diego, CA	August
<u>Southern Comfort Conference</u>	Ft. Lauderdale, FL	August
<u>Transgender Faith and Action Network Conference</u>	Charlotte, NC	August





## National Transgender Conferences

<b>Conference</b>	<b>Location</b>	<b>Conference Date</b>
<u>Buffalo Trans Wellness Conference</u>	Buffalo, NY	September
<u>Genderfest</u>	Las Vegas, NV	September
<u>Trans Fitcon</u>	Atlanta, GA	October
<u>Gender Infinity</u>	Houston, TX	October
<u>Fantasia Fair</u>	Provincetown, MA	October
<u>Virginia TIES</u>	Richmond, VA	October
<u>Genderevolution</u>	Salt Lake City, UT	November
<u>Translating Identity Conference</u>	Burlington, VT	November
<u>Transgender Spectrum Conference</u>	St. Louis, MO	November



## Parent Resources

### **Camp Aranu'tiq**

Provide transgender and gender-variant youth with a safe, fun, and unique camp experience during which they are able to express gender however they are comfortable and connect with others in similar situations. For youth ages 8-15.

617.467.5830

[www.camparanutiq.org](http://www.camparanutiq.org)

### **PACTS (Pediatric & Adolescent Comprehensive Transgender Services)**

Mazzoni Center's PACTS program is Philadelphia's only community-based program of its kind. The PACTS 'Pediatric & Adolescent Comprehensive Transgender Services' program provides patient and family-centered care and offers treatment using an informed consent model. Our PACTS Team consists of highly skilled & specially trained medical providers, a trans\* competent and experienced licensed social worker, and RNs. These team members work collaboratively to meet the specific needs of the patient and their family members. Services include pubertal suppression therapy, primary medical care, prescription of contra-hormone with medical management, collaboration with and support from LSWs and RNs, low cost legal services, and social events for patients and their loved ones. To set up an intake or gather more information, contact:

Mazzoni Health Center

Anna Kiesnowski, LSW

Trans Care Services Specialist

215.563.0658 x418

[akiesnowski@mazzonicenter.org](mailto:akiesnowski@mazzonicenter.org)



## Parent Resources

### **Parents and Friends of Lesbians and Gays, Transgender Network (PFLAG TNET)**

Resources for how to navigate and support your child during the coming out process. Information on local events and supports. Links to trans-supportive organizations. Online brochures and reading materials.

National: [www.pflag.org](http://www.pflag.org)

Bucks, Lehigh, Northampton, Monroe and Berks: [www.epapflag.org](http://www.epapflag.org)

Philadelphia: [www.pflagphila.org](http://www.pflagphila.org)

215.572.1833

[pflagphila@yahoo.com](mailto:pflagphila@yahoo.com)

Mailing address: PFLAG Philadelphia, PO Box 15711, Philadelphia, PA 19103

### **Philadelphia Family Pride**

Resource page for trans\* youth and their family and friends. Offers advocacy, education and family centered events for parents and their children.

215.600.2864

[info@philadelphiafamilypride.org](mailto:info@philadelphiafamilypride.org)

[www.phillyfamilypride.org](http://www.phillyfamilypride.org)

### **Philadelphia Trans Wellness Conference**

Free annual conference with many workshops for trans\* youth, teens, young adults, adult, and parents. Specialized tracks and activities for children and youth are available.

<https://www.mazzonicenter.org/trans-wellness>

### **Trans Youth Family Allies (TYFA)**

TYFA empowers children and families by collaborating with educators, service providers, and communities, to develop supportive environments in which gender may be expressed and respected.

888.462.8932

[info@imatyfa.org](mailto:info@imatyfa.org)

[www.imatyfa.org](http://www.imatyfa.org)



## Parent Resources

### **Gender Spectrum**

Gender Spectrum provides education, training and support to help create a gender sensitive and inclusive environment for all children and teens.

510.788.4412

[info@genderspectrum.org](mailto:info@genderspectrum.org)

[www.genderspectrum.org](http://www.genderspectrum.org)



## Additional Miscellaneous Resources

### **Online Resources**

#### **Trans Student Educational Resources**

Trans Student Educational Resources is a youth-led organization dedicated to transforming the educational environment for trans and gender nonconforming students through advocacy and empowerment. In addition to our focus on creating a more trans-friendly education system, our mission is to educate the public and teach trans activists how to be effective organizers. We believe that justice for trans and gender nonconforming youth is contingent on an intersectional framework of activism. Ending oppression is a long-term process that can only be achieved through collaborative action.

<http://www.transstudent.org/>

#### **TransFamily**

Support group for transgender and transsexual people, their parents, partners, children, other family members, friends, and supportive others.

215.691.4357  
info@transfamily.org  
[www.transfamily.org/](http://www.transfamily.org/)

#### **TransYouth Family Allies**

TYFA empowers children and families by partnering with educators, service providers and communities, to develop supportive environments in which gender may be expressed and respected.

888.462.8932  
info@imatyfa.org  
[www.imatyfa.org/](http://www.imatyfa.org/)



## Additional Miscellaneous Resources

### **Trans Youth Resources and Advocacy Support Group**

This group is a support and referral source for parents, grandparents and guardians negotiating the journey of raising gender variant and transgender children and youth ages 3-18.

[www.health.groups.yahoo.com/group/TYFA\\_TALK/](http://www.health.groups.yahoo.com/group/TYFA_TALK/)

### **FTMInternational**

Provides connection and community to the Female to Male community worldwide. Events include chapter meetings, film screenings, author readings, guest speaker events, creative performances, marches, and educational conferences where we share our experiences and empower our members to be leaders.

[www.ftmi.org/](http://www.ftmi.org/)

### **Sylvia Rivera Law Project**

Works to guarantee that all people are free to self-determine their gender identity and expression, regardless of income or race, and without facing harassment, discrimination, or violence.

[www.srlp.org](http://www.srlp.org)

### **Lambda Legal's Bending the Mold: An Action Kit for Transgender\* Students**

This kit is designed to help make schools a safer place. Includes ideas and information to advocate for change, as well as an extensive list of resources.

[www.lambdalegal.org/publications/bending-the-mold/order-bending-the-mold.html](http://www.lambdalegal.org/publications/bending-the-mold/order-bending-the-mold.html)

### ***Trans Bodies, Trans Selves***

*Trans Bodies, Trans Selves* is a revolutionary resource—a comprehensive, reader-friendly guide for transgender people, with each chapter written by transgender or genderqueer authors.

[https://www.amazon.com/Trans-Bodies-Selves-Transgender-Community/dp/0199325359/ref=sr\\_1\\_1?ie=UTF8&qid=1550855208&sr=8-1&keywords=trans+bodies+trans+selves](https://www.amazon.com/Trans-Bodies-Selves-Transgender-Community/dp/0199325359/ref=sr_1_1?ie=UTF8&qid=1550855208&sr=8-1&keywords=trans+bodies+trans+selves)



## Youth Resources

### Hotlines

#### **Covenant House 24 hour Homeless & Runaway Adolescent Crisis Line (Nine Line)**

24 hour, toll free, crisis hotline, which provided crisis intervention, referral and information services to adolescents' ages 18-22 years.

1.800.999.9999

1.800.999.9915 (TTY)

#### **Runaway Youth Hotline**

24 hour, toll free, crisis hotline that provides crisis intervention, referral and information services

1.800.786.2929

Chatline can be accessed from [www.1800runaway.org/#](http://www.1800runaway.org/#)

#### **Trevor Project Life Line**

Provides crisis intervention and suicide preventions to LGBTQ youth ages 13-24 years old.

1.866.488.7386



## Youth Resources

### **Homeless Resources**

#### **Achieving Independence Center (AIC)**

One stop shopping services for youth ages 16-21 years old. AIC offers education, job training, employment, housing referrals and job skills training.

1415 North Broad Street  
Suite 100  
Philadelphia, PA 19122  
215.574.9194

#### **Covenant House**

Offers emergency shelter, outreach, education, and vocation assistance, as well as transitional living to runaway and homeless youth ages 18-22 years old.

Crisis Center/Shelter:  
31 E. Armat St.  
Philadelphia, PA 19144  
215.951.5411

#### **Our Brother's Place**

907 Hamilton St.  
Philadelphia, PA 19123  
215.978.2892

#### **Valley Youth House: Pride Program**

Must be 18-23 years old, homeless or near homeless and identify as LGBTQ.

215.925-3180

#### **Youth Emergency Services (YES)**

Emergency shelter for homeless and runaway youth ages 12-17.

1526 Fairmount Ave.  
Philadelphia, PA 19130  
215.787.0633  
Hotline: 1.800.371.SAFE





## Youth Resources

### **Youth Serving Agencies & Services**

#### **Attic Youth Center**

The Attic Youth Center creates opportunities for LGBTQQ youth (ages 13-23) to develop into healthy, independent, civic-minded adults within a safe and supportive community. All services are free.

255 S. 16th St.  
Philadelphia, PA. 19102  
215.545.4331  
info@atticyouthcenter.org  
[www.atticyouthcenter.org](http://www.atticyouthcenter.org)

#### **Hi TOPS NJ**

Provides support groups to youth ages 11-26 years old. Experienced in working with LGBTQ youth.

21 Wiggins St.  
Princeton, NJ 08540  
609.683.5155  
[www.hitops.org/youth/lgbtq-support-group/](http://www.hitops.org/youth/lgbtq-support-group/)

#### **Juvenile Law Center**

Legal issues for youth.

1315 Walnut St.  
4th Floor  
Philadelphia, PA 19107  
215.625.0551 or toll-free 1.800.875.8887  
[www.jlc.org](http://www.jlc.org)

#### **Mainline Youth Alliance (MYA)**

Mainline Youth Alliance provides LGBTQQ youth ages 15-23 with social, educational, and supportive activities in a confidential, respectful and safe environment.

106 W. Lancaster Ave  
Wayne, PA 19087  
info@myaonline.org  
[www.myaonline.org](http://www.myaonline.org)



## Youth Resources

### **Mazzoni Center Family & Community Medicine PACTS Program**

“Pediatric & Adolescent Comprehensive Transgender Services”

Our PACTS team is comprised of highly skilled clinicians and social workers with years of experience serving trans\* and gender expansive youth and adults. Patients can receive multiple services under one roof, including: medical care, legal services, individual/family therapy, psychiatry, case management, and access to a state-wide network of GSA/school supports. Mazzoni Center Family & Community Medicine (1348 Bainbridge Street) is a family practice and is also Philadelphia’s largest provider for trans\* health care, with patients ranging in age from pre-kindergarten to 70+ years old.

For more information contact:

Anna Kiesnowski, LSW

Trans Care Services Specialist

215.563.0658 x418

[akiesnowski@mazzonicenter.org](mailto:akiesnowski@mazzonicenter.org)

### **Prysm Youth Center**

Located in Delaware County Pa, this agency provides LGBTQ youth with a safe environment to explore social, educational and leadership development activities. Call or email for more info.

[www.prysmyouthcenter.org](http://www.prysmyouthcenter.org)

[info@prysmyouthcenter.org](mailto:info@prysmyouthcenter.org)

610.605.7514

### **Youth Health Empowerment Project (YHEP)**

Offers free workshops, food, clothes, tokens and much more for youth ages 13-24. YHEP provides outreach, drop-in, HIV prevention, and counseling services.

1417 Locust St., 3rd Floor

Philadelphia 19102

215.564.6388

[www.y-hep.org](http://www.y-hep.org)

Drop-in hours: Mondays 6-9; Wednesdays and Fridays 1-4; Thursdays 10-1