

Emotional/Mental Health Support Following Orlando

Below is a list of organizations and private practice therapists that provide mental health services. All have experience working with LGBTQ communities and working with individuals who have experienced trauma. Some are marked with an asterisk which indicates that staff are available who are certified in EMDR. EMDR is a specific form of trauma therapy that is gentle and effective at helping people process intense acute experiences.

LGBT Affirming Agencies

- Mazzoni Center * 215-562-0652
- Therapy Center of Philadelphia * 215-567-1111
- The Ladipo Group 267-908-6363
- Attic Youth Center 215-545-4331
- YHEP Youth Health Empowerment Project 215-564-6388
- Council for Relationships 215-382-6680
- Walnut Psychotherapy Center 215-563-7863

Individual Trauma/EMDR* Therapists:

- Helen Huffington * 215-803-4153
- Erin O'Brien * 856-981-7015
- Marla Cobin * 610-304-9886
- Leslie Glass 215-839-0450
- Jennifer Jones * 267-970-8334
- Michael Ramos 267-592-3639
- Karen Smith 215-494-7818
- Valerie Newman-Freeman 856-854-3155 x140

Crisis Hotline: 215-686-4420

(This list is not conclusive. Call either Mazzoni Center or Therapy Center of Philadelphia for other options).